

Robert Mellors Primary and Nursey School

Be the Best You Can Be – Impact Summer 2016



Pupil Interviews (Carried out by Head Boy and Head Girl and Deputy Head Boy and Deputy Head Girl)

Have you enjoyed Be the Best You Can Be this year	<ul style="list-style-type: none">• Yes because I have been on the Smart Cookie. (Y1)• It has been inspiring. (Y3)• Yes because it has helped me to think about my dream goal. (Y4)• It has helped me improve my behaviour. (Y4)• It has helped me to do more out of school. (Y4)• Yes it has made me feel calm. (Y5)• It has told me to do what your heart desires. (Y5)• It has been a creative during lessons and it has been a different way to express yourself. (Y6)
Did you enjoy meeting Brendan Reilly and Josef Craig and how did they make you feel?	<ul style="list-style-type: none">• Good meeting famous people. (Y1)• It was fun and made me feel more inspired to be the best that I can be. (Y2)• I enjoyed it because they told us how they started off. (Y2)• He was the first high jumper I have ever seen.(Y3)• He made me think more about my goal and dream. (Y4)• It was a life changing experience. (Y5)• He made me feel special because he came .(Y6)• What he said inspired me. Normal people can do amazing things. (Y6)
Would you like to meet some more inspiring people?	<ul style="list-style-type: none">• Yes because they wold inspire me more. (1)• Yes because they make me feel special. (3)
What are the good bits you have got out of Be the best you can be?	<ul style="list-style-type: none">• All of it. (Y1)• Having the smart and the crumbly cookie to help us realise our behaviour (Y2)• Learning to be the best you can be gives us more people to inspire. (y2)• Learning to be positive. (Y3)• It has helped me to learn never to give up and to keep trying (Y4)• To get out of my comfort zone. (Y5)• There are no limits (Y6)•

<p>How has it helped you?</p>	<ul style="list-style-type: none"> • To walk away in any situation.(1) • It has helped me to inspire others around me. (Y2) • I first thought that I couldn't do it but now I know I can. (Y2) • Aspiration (knowing what I want to do when I am older (Y3) • When you are sad think about positivity (Y3) • It helped me to start going swimming out of school and feeling confident. (Y4) • Try everything (Y5) • It helped me to be more happy and fun I don't get as angry because I know how to be more positive. I don't get angry with myself and I try again. (Y5) • It is inspirational by bringing in role models.
<p>Do you think you could eventually achieve your goal?</p>	<ul style="list-style-type: none"> • Yes by working hard and practising (Y1) • Yes because ow I always practise a lot to help me. (Y2) • Yes by training a lot. (Y3) • I do because be the best made me think about it. (Y4) • Yes by practising and trying our hardest (Y5) • Yes because the school have helped us to reach them and they have brought us role models to help us. (Y6)

Comment made by children in the celebration assembly:

- Never stop trying and work really hard.
- If you fall down get back up and try your best.
- I like learning how to get to my goals.
- Take risks and step out of your comfort zone.
- I want to go to university now. I never thought I would but I do.
- It has helped me improve my behaviour.
- I feel confident that I can do anything.
- Take mistakes as a challenge.

Results from Questionnaire:

FS/KS1 PUPIL FEEDBACK	September Baseline	End of Year	Percentage change	Next steps
happy to be themselves	76%	91%	+15	
don't get cross if something is hard	39%	66%	+27	
want to do well	92%	94%	+2	
like a challenge	62%	76%	+14	
KS2 PUPIL FEEDBACK	September Baseline	End of Year	Percentage change	<ul style="list-style-type: none">• Further build on positive work from 'Be the Best' initiative.• Implement Widening Horizons initiative encouraging children to 'step outside their comfort zones', try something new.• SEAL's work– it's good to be me.• Maintain focus on strengthening emotional well-being.• Praise individuality / recognise strengths. Give children opportunities to share things they have achieved.• Build up resilience, OK to make mistakes.• Praise effort, having a go• Further engage parents/carers in supporting their child.• Maintain links with the University to promote aspirations.
happy to be themselves	69%	85%	+16	
want to do well	83%	94%	+11	
say they are good at things	45%	73%	+28	
say that they think about what they want to achieve and how to get there	39%	82%	+43	
say they listen well in class	75%	89%	+14	
like a challenge	58%	75%	+17	
are proud of themselves	74%	85%.	+11	

OVERALL FEEDBACK

Generally attitudes towards achieving and confidence have improved since Sept 2015.

Children feel proud of their achievements and they know that they can set goals and think about how to get there.

Children are talking aspirational targets such University or careers.

They understand the meanings of qualities such as resilience, courage, confidence and pride.

Children have talked about how it has improved their behaviour because of these qualities.