

What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved – you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying will keep happening

Our Head teacher, Governors and our staff will work together to:-

- ◆ Make our school a place where everyone can feel safe and happy. This means no bullying allowed.
- ◆ We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

What will happen to a bully?

Teachers will get involved and act immediately to support you and put a stop to the bullying.

Teachers can talk to parents and make sure that we support everyone affected by the bullying.

Moston Lane Community Primary School



Child Friendly Anti-Bullying Policy

What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person.

The bullying behaviour is repeated frequently.

Bullying can be;

Physical—Punching, kicking, spitting, pushing

Verbal—name calling, teasing, making fun of, racist or homophobic remarks

Cyber—saying unkind things by text, email or online

Emotional—hurting feelings, leaving you out

When is it bullying?

S—several

T—times

O—on

P—purpose



We promise to always treat bullying seriously!

If you are being bullied...

DO

- Ask the bully to stop if you can
- Use eye contact and tell them to go away
- Ignore them
- Walk away
- Talk to a trusted adult or friend
- Make sure you tell someone

DON'T

- Do what they say
- Get angry
- Hit them or hurt the back
- Think that its your fault
- Hide it or be ashamed of it

