



Physical Development, Health and Well Being Policy

Date Approved	13 Jan 2014	Version 3
Revised	November 2016, Nov 2013	
Author / Owner	Diane Haggar	
Next Review date	November 2018	

1. Context

Physical Development, Health and Well Being of children at Eldwick Primary School.

Delivery of the National Curriculum 2014 through relevant activities undertaken within PE lessons, playtimes, early years physical activities, extra curricular clubs, sports events and competitions.

- Current Area of Learning team.

2. Policy Statement & Aims

All children at Eldwick Primary School should have access to safe, high quality physical learning through a broad and balanced PE curriculum in Years 1 to 6, early years provision, playtime activities and extra curricular activities in KS2.

Over their time at Eldwick they will be given the opportunity to develop:

- The fundamentals of movement: locomotion, agility, stability and object control
- Specific actions and skills related to gymnastics and athletics
- Ball skills including dribbling, catching sending and striking
- Aesthetic use of the body to express ideas and emotions through dance
- The ability to sustain physical activity cooperatively with others
- Opportunity to take part in simple competitive games in KS1
- An understanding of the principles of competitive games in KS2
- An understanding of recognised games and sports in upper KS2
- A fair and positive approach towards competition
- A healthy lifestyle through a positive attitude towards exercise
- Social skills and friendships through physical play and sport
- Team and group work in all PE activities
- Swimming and water safety skills in Year 5.
- Skills in outdoor & adventurous activities both in school and on residential in Y2, Y3, Y5 & Y6.

3. Equal Opportunities / Cultural Diversity

- PE lessons, early years provision, playground activities and sports clubs will be accessible to all children. Adult leaders will be sensitive to, and aim to provide for, all levels of ability, SEN and cultural differences.
- Staff will look for opportunities to praise effort and progress.
- All children in KS2 will be given the opportunity to take part in intra-school competitions.
- Intervention programmes (eg Madeleine Portwood) will be implemented to support those with weak motor skills. Medical referrals will be made if felt necessary.
- More able/enthusiastic children in KS2 will be given opportunities to take part in inter-school team competitions.

- G & T children will be entered for district trials or directed towards community sports clubs. The school will celebrate their achievements and permit (at Head teacher's discretion) leave of absence to pursue their talents.

4. School Governors, Leaders And Staff Responsibilities

- All school staff, (teaching, LSAs and other non teaching staff) are expected to work to the ethos outlined in this policy and uphold high standards and attitudes towards Physical development and Health.
- Coaches/leaders provided by outside agencies working at Eldwick are expected to do the same.
- Those who lead PE lessons are expected to work with and learn from the expertise of our PE coordinator who has release from timetable, paid for by the Sport Premium, to provide CPD and ensure high standards in PE.
- In PE we welcome governors to work alongside us to view and contribute to the work we do.
- Eldwick staff are encouraged to share good practise in PE and, at times, team teach

5. Specific Procedures To Implement Policy Aims

- All who work with our children must build up a knowledge of the strengths and weaknesses of individuals in their group in order to fulfil policy's aims.
- Those who deal with wider groups of children (eg, on playground duty) must be aware of those children who need greater support, care or nurturing to develop skills.
- Staff must regularly update their skills and knowledge in order to meet the needs of the of the children they work with, seeking help and advice where needed. Diane Hagggar can offer support under Primary Sport Premium funding.

6. Dissemination of the Policy

- This policy should be kept alongside all other school policies and be readily available to all staff, governors and parents.
- New staff, supply staff and teaching students should be directed to read this policy.
- It should be disseminated to all staff every 3 years

7. Monitoring, Evaluation and Review

- Reviewed every 3 years by the Physical Development, Health & Well being Area of learning team or leader.
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8. Document History

Policy written by D. Hagggar November 2013 and updated Jan 14, updated May 2014 in light of New National Curriculum, updated November 2016

To be seen in conjunction with:-

The School Prospectus

Inclusion Policy

Healthy eating policy

Health Education policy

Uniform policy (PE kit and jewellery)

Child protection policy (extra curricular clubs and travelling to sports fixtures)

Safeguarding policy
Educational visits policy
The Delivery of High Quality PE (an Eldwick Primary School staff handbook)