

SCHOOL	Immaculate Heart of Mary CPS	HEADTEACHER	Angela Phillips	DATE	28/06/16
---------------	------------------------------	--------------------	-----------------	-------------	----------

**IMPACT OF THE NEW PRIMARY SCHOOL SPORT FUNDING
ON PUPILS' LIFESTYLES AND PHYSICAL WELL-BEING**

Summary Action Plan for the new funding provision for Sport funding identified and action planned within the school.			Funding: 2015-16 £
Provision	Action	Success Criteria/Impact	Cost
Sport UK	CPD/ coaching/after-school, lunchtime clubs	Increased sporting competition and participation within school	£5650
Catholic Sports Festivals - including one after school club.	To engage the least active pupils in school festivals. To broaden pupils experience of a wide variety of competitive sports e.g. Netball, Dance, Gymnastics, Athletics, Tennis and multi-ball skills. For Y1-6 to take part in interschool sporting competition	Pupils understand the contribution of physical activity and sport to their overall development. School values and ethos are complemented by sporting values.	£1660
SLA – 'Active Schools'	Increased sporting competition and participation – city wide initiative	More children getting involved in sport and competition	£1000
NE/XT Family of Schools Sport and PE. Roundhay School	To develop a sustainable network to support schools and their children in the NE/XT family. To increase pupil participation in competitive sport and broaden their experience of a wide variety of competitive sports e.g. Basketball, trampoline, indoor football, and sports hall athletics. To gain access to all the sporting facilities at Roundhay School all year round. Bronze Ambassador training with the Roundhay School Play leaders.	Pupils understand the contribution of physical activity and sport to their overall development. School values and ethos are complemented by sporting values. To increase the number of KS2 children involved in leading, managing and officiating this year.	£1134
Skipping Workshops	Y4 coverage of NC objectives through skipping.	Wider variety of provision provided.	£200

1	COMPETITIVE SCHOOL SPORT	Sport	Age Group	Participation		Date introduced
				No.	Regularity	
Leadership and Organisation: (Staffing, additional funding etc)		Football	KS2	40	Weekly training, competitions/leagues as planned.	
		Girls Football	KS2	40		
Tim White, Anna Bolton, Martyn Riley, Alex Dobson, Sharon Evans		Netball	KS2	30		
		Cross-Country	KS2	20		
		Tag Rugby	UKS2	30		
		Skipping	Year 4	60	Festival	2011
		Sports hall Athletics	KS2	60	Weekly training, Indoor Tournaments	
		Successes and Achievements	Y6 Boys Football Inner North League winners Y6 Boys Football Leeds Catholic Cup winners Y5 Boys Football Northern League winners Y6 Mixed Tag 3 rd City Finals Y6 Girls Football Runner up City Finals Y6 girls Tag qualified for City Finals Y4 Runners Up Leeds Catholic Skipping Qualifiers			

2	P.E CURRICULUM	Entitlement: Time/lesson allocations (per term or year)					
		Basic Skills	Team Games	Dance/ Gymnastics	Athletics	Swimming	Outdoor/ adventurous
Key Stage 1		4 x ½ term units.	4 x ½ term units.	4 x ½ term units.			
Lower Key Stage 2		3x ½ term units.	3 x ½ term units.	4 x ½ term units.	2 x ½ term units.		
Upper Key Stage 2		Y5 2 x ½ term units. Y6 3 x ½ term units.	Y5 1 x ½ term units. Y6 3x ½ term units.	Y5 2 x ½ term units. Y6 3 x ½ term units.	Y5 1 x ½ term units. Y6 2x ½ term units.	Y5 all year.	Y5 3 day residential. Y6 3 day residential.

3	PROVISIONAL AND ALTERNATIVE SPORTING ACTIVITIES	Sport, Club or Activity	Age Group	Participation		Date introduced
				No.	Regularity	
Leadership and Organisation: (Staffing, additional funding etc)		Street Dance	Year 5 & 6	20	Weekly rehearsal leading to a performance at the end of the term	2014
		Tennis	Year 3 & 4	20	Weekly training at Lunchtime	2012
		Skipping	Year 4	60	Weekly training leading to a festival	2014
		Circuit Training	Year 5 & 6	120	Weekly training	2014
		Dance	Year 3 & 4	120	Weekly training leading to a festival	2014
		Gymnastics	Year 3 & 4	120		

4	SPORTING PARTNERSHIPS	Partnership	Sport or Activity	Impact (Pupil participation/engagement in sport)
Who with: (School/community/ national organisations) Specifically, how this raises awareness & increases pupil sporting engagement/ participation		Catholic school Partnership through SPORT UK, Skipping School	Dance, Gymnastics, Athletics, Netball, Tennis, Skipping Multi-skills (KS1)	Increased pupil participation and competition. Half-termly competitions with other Catholic primary schools. Children from years 1-6 competing in events. Lunchtime and afterschool clubs to cater to needs of school and address groups of pupils who were not engaging in extra-curricular sport. Evidence – excel spreadsheet with data of registers
		SLA – ‘Active Schools’	Olympic event Triathlon event Cross Country	Free courses and subject leadership training in PE. Increased pupil participation and competition. Invitations to city wide initiatives/ events.
		NE/XT Family of Schools Sport and PE. Roundhay School	To increase pupil participation in competitive sport and broaden their experience of a wide variety of competitive sports e.g. Basketball, trampoline, indoor football, and sports hall athletics.	Pupils understand the contribution of physical activity and sport to their overall development. School values and ethos are complemented by sporting values.
Additional Comments (Financial/Staffing/resource/pupil benefits or implications)		<i>Sainsbury's School Games Silver Mark – Validation – 2015/16</i>		

5	P.E./SPORT CROSS-CURRICULAR LINKS	Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
Links with other subjects that contribute to pupils' overall achievement & greater SMSC skills		<p>PHSE topics covered which link to Physical activity and wellbeing include: Keeping our body healthy, Making choices for a healthy life and medicines.</p> <p>Science topics 'Ourselves' and 'Healthy Humans' also promote health, activity and wellbeing.</p> <p>Year 2 cover 'Global Gardens' topic which looks at the question 'Where does our food come from?' and looks at food and nutrition.</p>	<p>PHSE topics covered which link to Physical activity and wellbeing include: Eating healthily and keeping active, Smoking, Alcohol and Drugs units of work.</p> <p>Y4 science covers work on teeth, muscles and bones in their 'On the Move' topic and also looks at healthy eating in their DT sandwiched topic.</p>	<p>PHSE topics covered which link to Physical activity and wellbeing include: Drugs and volatile substances, growing and changing and UKS2 also teach about puberty and sex ed which focuses on body changes.</p> <p>Science topics on Healthy Humans and Micro-organisms also link to healthy lifestyles.</p> <p><i>Sainsbury's School Games Silver Mark - Validation - 2014/15</i></p>

6	PUPIL WELL-BEING	Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
Curriculum Content				
The greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.	Drugs and Keeping our bodies healthy	Units on smoking, alcohol and drugs. Eating healthily and keeping active topic.	Drugs and volatile substances.	
Impact on Pupil Well-being	<p>Pupils know that some things are harmful to our bodies.</p> <p>They know the importance of exercise and can talk about the range of foods we need to keep our bodies healthy. They use the 'eatwell' plate to look at a balanced diet.</p>	<p>Pupils understand how important exercise is to keep us healthy.</p> <p>They are aware of the dangers of using certain substances and the effects that these have on our body. They know that there are laws regarding drinking, smoking and drugs.</p> <p>Children can talk about the right choices to make.</p>	<p>As in lower years but children are increasingly encouraged to think about making right choices and making informed choices where their health and well-being are concerned.</p>	

7	PUPIL ATTITUDES AND ACHIEVEMENT	Objective outcomes (Healthier pupils – improved attendance, reduction of obesity/improved fitness levels etc)	Subjective outcomes (Higher concentration levels, improved team work, achievement. healthier lifestyles)
	The extent to which the increased Sport provision impacts on pupils' attitudes to learning and improved achievement	% of children who have represented school in a competition. % of children who have taken part in a physical after school activity. Pupils who did not participate in any extra-curricular sports have been targeted which has lead to increased fitness levels.	Through an increased variety of sports provision in school and increased opportunities to represent school competitively we have been able to involve a much wider group of pupils. This has had a positive impact on their self-esteem, motivation, engagement and enjoyment of the wider curriculum. The desire and opportunity to represent school as part of a team has been an incentive for a small number of pupils to maintain their behaviour.
	Pupils' feedback /Comments	<p>"The festivals against other schools are good because they get you better at it and it improves fitness." - Orla Tennyson (Y3)</p> <p>"I learnt about practicing in a team at the festival, it helped with competing, it made me more competitive and it helped me deal with losing. When I practiced in a team it was good because the other children in the team helped me out if I found something difficult or was unable to do it" - Gabriel Mulchinock (Y5)</p>	

P.E. and SPORT FUNDING PROVISION

APPENDICES:

OFSTED SUBSIDIARY GUIDANCE: September 2013

Evaluating the school's use of the new primary school sport funding

Inspectors should consider the

the increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics

- the increase and success in competitive school sports
- how much more inclusive the physical education curriculum has become
- the growth in the range of provisional and alternative sporting activities
- the improvement in partnership work on physical education with other schools and other local partners
- links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills
- the greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.

CURRICULUM 2014: P.E/ SPORT CURRICULUM

Subject content

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
play competitive games, modified where appropriate, such as badminton, basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance, for example through athletics and gymnastics
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively such as front crawl, backstroke and breaststroke
- perform safe self-rescue in different water-based situations.