



Millfield Primary School

Sun Protection Policy

Aim

The aim of this sun protection policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun.

The main elements of this policy are:

- protection: providing an environment that enables pupils and staff to stay safe in the sun.
- education: learning about sun safety to increase knowledge and influence behaviour.
- partnership: working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

This school believes in sun protection:

To ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of the Sun Protection Policy, our school will:

- educate children throughout the curriculum about the causes of skin cancer and how to protect their skin;
- encourage children to wear clothes that provide good sun protection.
- hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged.
- work towards increasing the provision of adequate shade for everybody.
- encourage staff and parents to act as good role models by practising sun safety;
- regularly remind children, staff and parents about sun safety through newsletters, posters, parents meetings, and activities for pupils.
- invite relevant professional (school nurses and health promotion officers to advise the school on sun safety'
- review and evaluate the Sun Protection Policy to make sure it is effective. We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of our young people and staff (use of hats, shade etc).

Millfield Primary School, Coleshill Street, Fazeley, Tamworth, B78 3RQ

Head teacher: Mr S Kelly

- Encourage all parents to apply appropriate factor sun screen to pupils before school.

Use of sun screen within school – Procedures

Parents may wish to provide children with their own sun screen which should be labelled and stored in pupil's school bags. This may then be applied under supervision by staff.

Pupils will not be allowed to share sun screens.

Pupils in EYFS will need to be carefully supervised with the application of sun cream if provided by parents. Pupils will be given the opportunity to do this at set times – for example before lunch time or other breaks.

If parents / carers of EYFS children (or parents of children elsewhere across the school) have any particular concerns regarding the application of sun cream they are welcome to come into school at the beginning of break or lunch times to reapply sun cream.

Suggestions to help cope with hot weather

- Pupils to wear hats when outside.
- Pupils should wear sun screen.
- Teachers should make a judgement as to the temperature of classrooms and make internal arrangements to teach in cooler areas where possible.
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so.
- Where possible, all doors and windows should be opened to provide a through breeze & class room blinds should be drawn.
- Physical education lessons should be carefully planned to avoid sun exposure, unnecessary exertion and dehydration. In extreme weather, outdoor PE lessons should not last for more than 20 minutes when children should be brought indoors, given time to rest and drink water.
- Annual Sports' Day will be determined by preceding days' climate. Again children spectating should not do so for more than 20 minutes at a time.
- Pupils with Asthma, breathing difficulties or other relevant health conditions should avoid physical activities
- Parents/carers and children must be encouraged to follow these procedures at home
- Staff must also ensure they drink water regularly and take precautions against the high temperatures

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In rare cases, extreme heat can cause heatstroke

Symptoms to look out for are:

Cramp in arms, legs or stomach, feeling of mild confusion or weakness.

- If anyone has these symptoms, they should rest for several hours, keep cool and drink water or fruit juice.
- If symptoms get worse or don't go away medical advice should be sought. NHS Direct is available on 0845 4647

If you suspect a member of staff or pupil has become seriously ill, call an ambulance. While waiting for the ambulance:

- If possible, move the person somewhere cooler.
- Increase ventilation by opening windows or using a fan.
- Cool them down as quickly as possible by loosening their clothes, sprinkling them with cold water or wrapping them in a damp sheet.
- If they are conscious, give them water or fruit juice to drink.
- Do not give them aspirin or paracetamol.

Mr. S. Kelly - September 2015

Reviewed – September 2016

Date of next review: September 2018