



# Viking Trip

22<sup>ND</sup> JUNE 2016

YEAR 3/4 TEAM

# Viking Day Events

- ▶ Preparing and cooking a Viking meal  
Using a Viking quern stone to grind rye
- ▶ Viking games- shield game, kubbs
- ▶ Feeding animals
- ▶ Sawing & splitting firewood, rope making, carpentry
- ▶ Chalk painting and foraging?

# Meal times

- ▶ Vegetable and barley stew (lunch)
- ▶ Chicken, vegetable and barley stew (dinner)
- ▶ Homemade bread
- ▶ Water
- ▶ Breakfast- cereals and toast
  
- ▶ **ALLERGIES:** Chicken cooked separated and stew can be prepared with/ without barley.

# Clothing

## DRY WEATHER CONDITIONS

- ▶ Walking boots/ trainers
- ▶ Two thin layer tops
- ▶ Jeans/ trousers
- ▶ Fleece top
- ▶ 2 pairs of warm socks

## WET WEATHER CONDITIONS

- ▶ Wellington boots
- ▶ Waterproof coat

# Nightwear

- ▶ Warm hat
- ▶ Pyjamas- warm items e.g. sweatshirt and jogging bottoms
- ▶ Slippers

## **Other items:**

Sleeping bag

Wash bag and personal items

Small pillow

Small teddy bear

# Behaviour expectations

- ▶ High expectations of behaviour
- ▶ normal school rewards and sanctions
- ▶ Where the group leader feels the child's behaviour is endangering themselves or others they will be withdrawn from the activity
- ▶ In extreme circumstances, parents will be contacted and asked to collect their child.

# Staffing

| Tuesday                         | Wednesday      | Thursday        |
|---------------------------------|----------------|-----------------|
| Deborah Craddock                | Kirsty Ryalls  | Liz Emecz       |
| Brenda Bessant                  | Carol Catton   | Natasha Cox     |
| Paul Reade                      | Hannah Daulton | Caroline Holley |
| Mrs O'Leary                     | Mrs O'Leary    |                 |
| <b>Additional evening staff</b> |                |                 |
| Nikki Pollit                    | David Green    | Aiden Richards  |
| Eleanor Staddon                 | Emma Angel     | Vhairi Nyland   |
|                                 | Jaz Burton     | Becky Hattimore |