

**Suggestions for action following Parent's
Guide to Internet Safety**



The internet IS a wonderful tool for creative learning – whilst there are dangers, there are so many benefits for learning, fun and creativity.

There is no 'perfect solution' to how to help your child deal with the world online. What works for one family will not be appropriate for another. Whilst parental controls are a useful tool they do not replace the benefits of openness, interaction and conversation with young people about the dangers and how to protect themselves.

Suggestions for things to do to help children understand the ways they can keep safe whilst using the internet:

Conversation starters:

CEOP films

For ages 5-7 Lee and Kim <http://www.youtube.com/watch?v=-nMUbHuffO8>

For ages 8-10 Jigsaw http://www.youtube.com/watch?v=_o8auwnJtqE

For older children – Exploited <http://www.youtube.com/watch?v=qORv-Tgl4JI>

- Exposed http://www.youtube.com/watch?v=4ovR3FF_6us

Parental Controls:

Suggestions on how to set up parental controls with your service provider:

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls>

You could allow your child a personal login (with a known password) where settings and parental controls are set to an age appropriate level based on your own views of how much they can access.

You can also set time limits on amount of time spent online and times when the internet is not available.

However, parental controls are not 100% secure and do not replace the benefits of discussion about what to be aware of, avoid doing online and discussions of trust.

Code of conduct suggestions:



Social Networking:

- Helping them set up their profile and adding your email as the main contact (where possible)
- Setting the privacy settings to “friends” only and ensure these are friends from the real world and known by you
- Showing them a CEOP safety resource which outlines the risks (www.youtube.co.uk/ceop/jigsaw)
- Adding the Click CEOP button – type Click CEOP into the facebook search box.
- Checking in and keeping updated with the content they are posting and receiving in this space