

Year 1 - PSHE

Autumn 1

Physical health and wellbeing

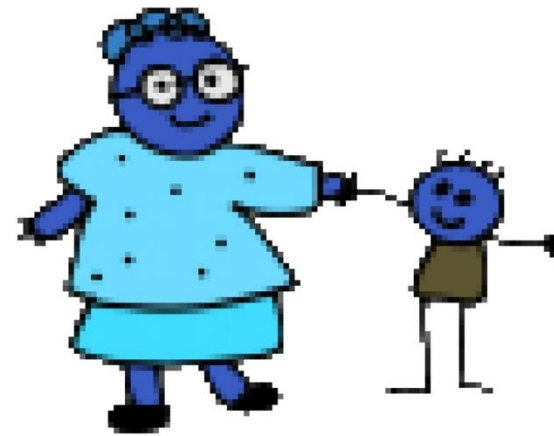
Fun times



Spring 1

Identity, society and equality

Me and others



Summer 1

Mental health and emotional wellbeing

Feelings



Autumn 2

Keeping safe and managing risk

Feeling safe



Spring 2

Drug, alcohol and tobacco education

What do we put into and on to bodies?



Summer 2

Careers, financial capability and economic wellbeing

My money



Year 2 - PSHE

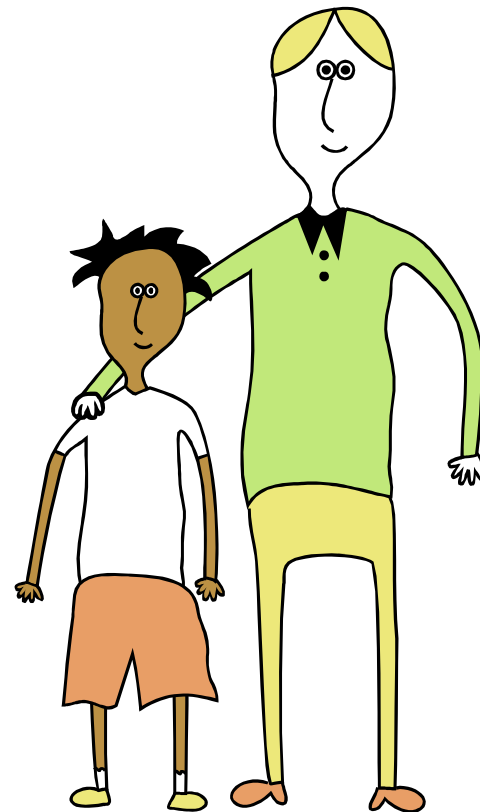
Autumn 1

Physical health and wellbeing
What keeps me healthy?



Spring

Sex and relationship education
Boys and girls, families



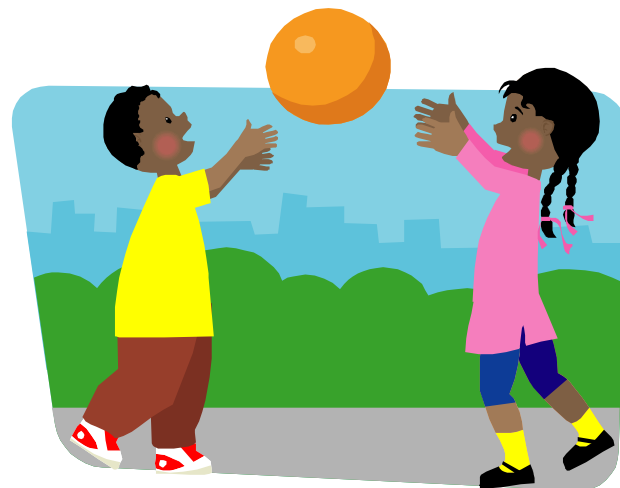
Summer 1

Keeping safe and managing risk
Indoors and outdoors



Autumn 2

Mental health and emotional wellbeing
Friendship



Summer 2

Drug, alcohol and tobacco education
Medicines and me



Year 3 - PSHE

Autumn 1

Drug, alcohol and tobacco education
Tobacco is a drug



Spring 1

Mental health and emotional wellbeing
Strengths and challenges



Summer 1

Careers, financial capability and economic wellbeing
Saving, spending and budgeting



Autumn 2

Keeping safe and managing risk
Bullying – see it, say it, stop it



Spring 2

Identity, society and equality
Celebrating difference



Summer 2

Physical health and wellbeing
What helps me choose?



Year 4 - PSHE

Autumn 1

Identity, society and equality
Democracy



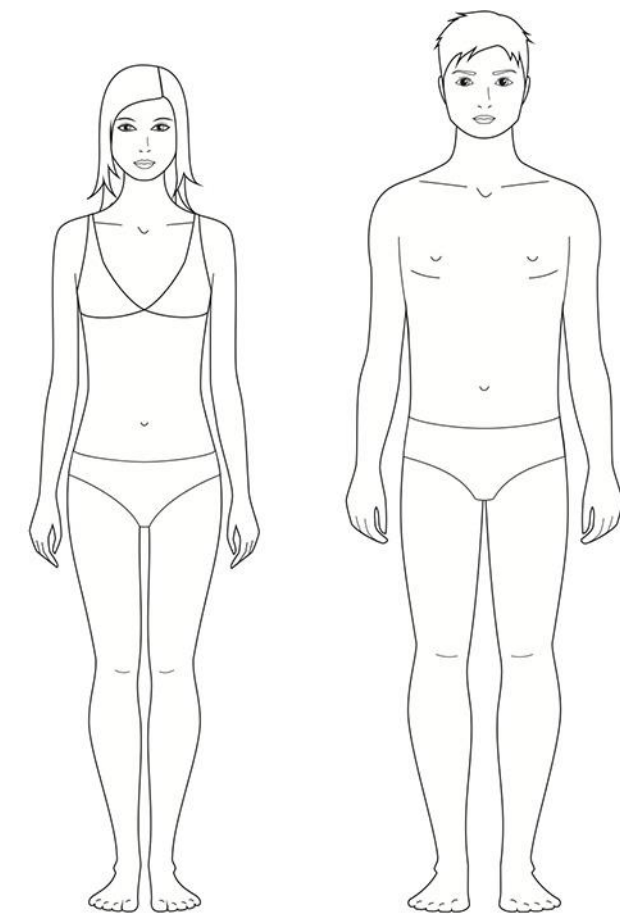
Spring 1

Physical health and wellbeing
What's important to me?



Summer

Sex and relationship education
Growing up and changing



Autumn 2

Drug, alcohol and tobacco education
Making choices



Spring 2

Keeping safe and managing risk
Playing safe

