

Meet The PFSA Team

Tina Holt

PFSA Manager

School Counsellor MBACP (Accredited)

Mindfulness in schools (.B MISP)

Experienced parenting practitioner

Experienced in Triple P Parenting

Caroline Crossley

PFSA

Experienced family worker, Caroline

has previously supported young

people with special educational needs

Ruth Gavenlock

PFSA

Very experienced, friendly and

approachable, qualified parenting

practitioner

Gail Maxwell

PFSA

Experienced PFSA with 8 years

local involvement

How to find out more

School Staff

If you feel that a child/young person and family could benefit from PFSA support please use the Referral Form provided

You can also contact Tina Holt for advice if you are not sure if PFSA support is appropriate

If you do not have a referral form please email Tina Holt

Parents & Carers

If you would like support from the PFSA Team please contact your child's school and ask them to make a referral

**Burnham & Highbridge
Community Learning Partnership
PFSA Team**

The King Alfred School

Burnham Road

Highbridge

Somerset

TA9 3EE

Telephone: 01278 784881

Burnham & Highbridge Community Learning Partnership

**Parent & Family
Support Advisor
(PFSA)**

**Information for Parents,
Carers and Schools**



What does a Parent & Family Support Advisor do?

Your Parent and Family Support Advisor is able to offer impartial support, advice and guidance to parents and carers of children aged 4-19 years.

This is a school based service that provides free and confidential support with:

- Parenting concerns and worries
- School transition
- School attendance
- Healthy lifestyles and eating
- Confidence and self esteem
- Emotional well-being
- Bereavement
- Bullying
- Family relationships

The main aim of the PFSA is to help parents and carers to:

Strengthen their existing parenting skills

Become more involved with their child's school and learning

Improve their child's attendance and punctuality

To help their child gain the maximum benefit from their education

In what ways can a Parent & Family Support Advisor help?

Parent and Family Support Advisors give support to families in many different ways including:

- One to one family support
- One to one work with your child
- Small group support for children/young people
- Help for your child or young person to attend and achieve at school. This may include behaviour, self-esteem & confidence building, sexual health & relationships, emotional, social development and communication
- Support with issues at home such as behaviour strategies, emotional, social development and communication. Promoting self-care skills and developing routines
- Encouraging relationships, links and communication between home & school
- Signposting for information and/or referrals to other services that could offer you help and advice
- Help with completing forms
- Support with meeting and advocacy - speaking on your behalf

Why might you need to contact a Family and Parent Support Advisor?

"My child's behavior is getting out of hand"

"I can't get my child to school"

"We've supported a child in school, but things haven't improved"

"I am worried about my child's mental or physical health"

"Since my partner left things have been difficult"

"I am worried about my child being bullied"

"I'm worried about a young person's safety online and in the community"

Find out how to get in touch with the Burnham & Highbridge Community Learning Partnership PFSA Team over the page