

## Welcome Back

In the last 12 months our pupils, staff and parents have worked together to create a memorable year of sporting excellence and we have achieved record participation levels. I know you will enjoy reading about our pupils' success on and off the field.

We are extremely proud of our pupils and their sporting achievements. We encourage all pupils to participate in our wide range of activities and they continue to excel no matter what level of participation they become involved with.

Congratulations to everyone for their continued commitment and dedication. We hope you enjoy reading our newsletters.



## Going for gold!

We are really pleased to announce that St John the Evangelist Primary School has been awarded the Gold Award for PE and sports provision from the 'Sainsbury's School Games'.

It is awarded after assessment has been made using a number of factors to judge the provision made for PE within school. These are some of the criteria that are included in the assessment:

- The number of hours of planned PE within curriculum time
- The extra-curricular sports activities
- Involvement in inter-school and intra-school competition
- Developing Sports Leaders
- Links with external clubs
- Providing opportunities to attract less active young people to participate in physical activity

We were awarded the Bronze Award for 2013/14 and 2014/15. We are absolutely delighted to have been awarded the Gold Award for 2015/16. This is a recognition of our commitment, engagement and delivery of competitive school sport. It's a tough set of criteria to meet and only a small percentage of schools are awarded Gold.

If you have any questions about this, or you feel that you may be able to contribute to PE as part of supporting an extra-curricular club, then please contact Mrs Monk or Mr Hyatt.

## PE

Children from year 2 to 6 have enjoyed a fantastic term of Rugby with KS2 participating in their termly Intra Competition. Year 2 also enjoyed an afternoon of Rugby skills led by year 6 children. Each school year has also taken part in a health and fitness programme and how we can all lead healthy active lives. Every class has looked at how to eat and stay healthy, understanding the impact of physical activity on their bodies, developing fitness and the value of exercise.

## U9 Football Competition

The U9 football competition is always the first event in the sporting calendar and was a fantastic event. For the first time we were able to put 2 teams in to represent the school. Both teams played very well and showed some brilliant teamwork skills. St John's were unsuccessful at reaching the next round but it was a great afternoon. Congratulations to Luke Jackson on achieving top goal scorer for the school.

## Clubs Round-up

Our sports clubs have started and booked up in record time. Those who have managed to participate in a sports club have enjoyed a range of activities including basketball, hockey, multi-sports and the most popular cross country. We are currently looking at ways to provide opportunities for those children who missed out on clubs this term. Please keep a look out for our next clubs leaflet which will come out at Christmas.

## Sports Leaders

For the second consecutive year we are running the sports leaders programme at St John's and we have had record numbers apply from years 5 and 6. We will be appointing our newly named 'Young Leaders' over the next week. They will then go on to have training with Mr Hyatt and the staff at Carterton Community College. Good luck to all those who have applied.



## Health Promotion Tips

Swap the soda challenge!  
Ever find yourself or children desperate for a fizzy drink, try challenging each other to a soda challenge. Swap colas, lemonades and sports drinks for water and milk. Your body needs liquid to give you energy, it even helps you stay in a good mood. At lot of the time our brains think we're hungry when in fact we're just thirsty. When we're really thirsty, fizzy drinks just don't cut it. Water and milk is what you really need. See how many times you can swap the soda. If you find it really tough, try watering down your cola, a little at first then gradually add more.



## Cross Country 2016

Following our hugely successful cross country after school club and events last year we continued this term with more children than ever participating in our cross country clubs. A small selection of these children went on to represent the school in the Carterton Partnership Cross Country Competition at Carterton Community College on Thursday 20th September 2016. The racing format remained the same as previous years with all children racing for individual honours as well as an overall place for the school. Our U11's were unlucky not to progress to the next round with the majority of them finishing mid table but with around 150 runners in each race it was a great effort by all of them. The U9's managed to once again surpass last year's event with some individual standout performances. Finley Barret (Year 4) managed to move from his 2015 place of 15th to 3rd in this year's competition. Year 4 Debutant Grace Wilson reached the highest position ever in St John's U9 girls history coming an impressive 28th out of 135 knocking last year's Bethany Goodwin (29th) off the top spot. Well done to all who took part and a especially those who had never represented the school in a competition before. Next term a selection of children will participate in the Cokethorpe Cross Country Competition and the St John's Fun Run.



## PE Kit Reminder

In order to participate fully in PE lessons - a compulsory subject under the national curriculum, pupils should have their kits in school during the week. Please make sure children also have suitable footwear and for colder days tracksuit bottoms and tops are recommended.

## Forthcoming Events

U11 Mixed Hockey ©  
Tuesday 8th November

Year 4 Dance Festival  
Thursday 17th November

Cokethorpe Cross Country  
Competition  
Friday 18th November

Cokethorpe U11 Hockey  
Festival ©  
Thursday 24th November

Year 3 Basketball Festival  
Thursday 1st December

U11 Tag Rugby Competitions ©  
Thursday 8th December

Cokethorpe Christmas U10 Girls  
Hockey Festival  
Thursday 8th December

©=Current Champions

## Intra Class Competition

Probably one of the most anticipated Intra Competitions since these events started a year ago. 12 rugby matches took place over 4 days within KS2 with a very excited year 3 competing in the Intra competition for the first time.

Congratulations Walnut class on winning the 2016 Rugby Intra Competition. Results as follows.

Walnut 27 - 11 Willow  
Sycamore 9 - 18 Maple  
Holly 19 - 22 Silver Birch  
Rowan 20 - 14 Cedar

Class	Position	Points
Walnut	1st	27
Silver Birch	2nd	22
Rowan	3rd	20
Holly	4th	19
Maple	5th	18
Cedar	6th	14
Willow	7th	11
Sycamore	8th	9