

# YMCA

YMCA LEEDS

## Table Tennis Coaching Academy



We have a progressive, structured pathway from 7 years old, who begin our coaching sessions, progress to competing against other young players and then competing as adults. Young players can also progress onto our qualified coach pathway.

- ▶ We are a well-established Table Tennis Premier Club in Leeds with a history of great successes. YMCA Leeds has also gained Clubmark.
- ▶ We offer coaching for young people on Tuesday evenings from 5 to 7p.m for ages 7 years and above.
- ▶ All our staff are professionally qualified, DBS checked, experienced and enthusiastic about young people progressing well and enjoying the experience.
- ▶ Young players can then progress into the well-established club and play competitively. YMCA Table Tennis Club play in the Leeds Table Tennis League and have teams in all 6 divisions of the League. The teams comprise anyone from beginner to International Level with both male and female players aged from the young to the more experienced.



**Clubmark** is the universally acknowledged cross sport accreditation scheme for community sports Clubs.

It stands for:

- ▶ Higher standards of welfare, equity, coaching and management in community sports Clubs
- ▶ Making sure the nation's sports Club infrastructure is safer, stronger and more successful

It shows that a Club provides the right environment which ensures the welfare of members and encourages everyone to enjoy sport and stay involved throughout their lives.

An accredited Club is recognised as a safe, rewarding and fulfilling place for participants of all ages as well as helping parents and carers know that they're choosing the right Club for their young people.

Beyond receiving coaching and then playing in teams we have a progressive, structured pathway that provides a great opportunity to stay involved and make a real difference to the future of our table tennis club.

## Young Leaders

YMCA Leeds offers accredited Sports Leaders Awards to any young person wishing to take the opportunity to become a Young Leader within the organisation. Mentoring is offered whilst the young person volunteers alongside highly qualified coaches at several of our coaching sessions. Becoming a Young Leader has many benefits for young people including gaining self-confidence, leadership skills, taking responsibility and understanding the world of work.

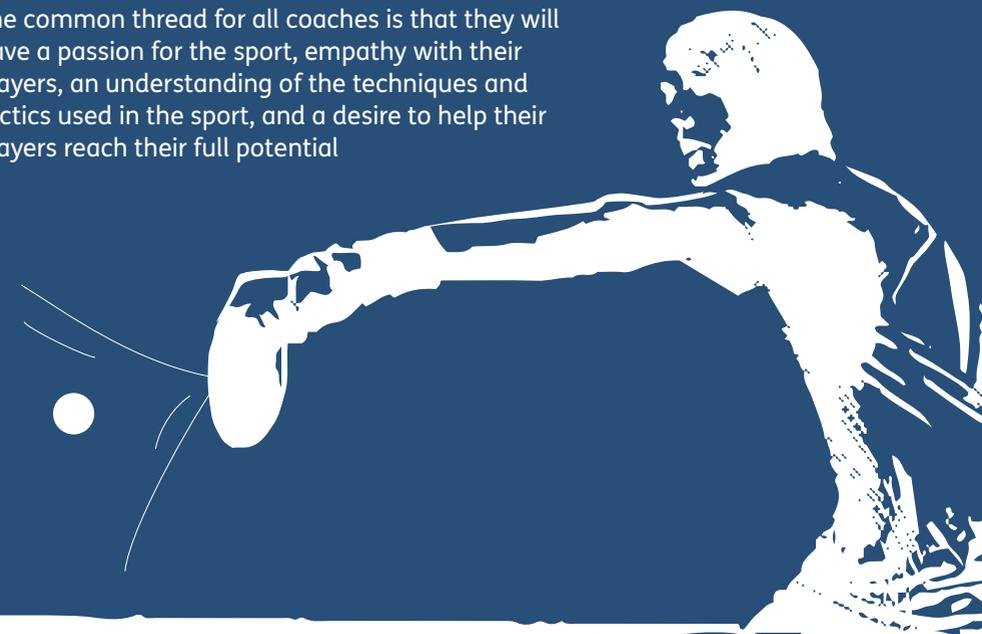
## Table Tennis Level 1 nationally accredited course

In order to gain paid work Young Leaders must progress onto a nationally accredited course. During this time the young person will act as an assistant coach and will receive further mentoring to enable them to fully understand and become a competent table tennis coach. The skills, knowledge and learning acquired along this route are all valuable for gaining employment.

Coaches have the ability to inspire players to take up the sport, stay in the sport and help them to realise their full potential. For people who are passionate about their table tennis, there is no more rewarding role than working with players and seeing the satisfaction they gain from achieving their goals, at whatever level of the sport.

An effective coach will be inquisitive and open to new ideas and methods and have many positive attributes. Their approach to coaching will be influenced by the participant groups they work with.

The common thread for all coaches is that they will have a passion for the sport, empathy with their players, an understanding of the techniques and tactics used in the sport, and a desire to help their players reach their full potential



## Contact Details

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### Payments can be made online by BACS:

Account Number 80984434  
Sort Code 20-48-46

Please put your child's name in the reference

OR by

Debit card or cheque made payable to YMCA Leeds

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YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.