

Children who are adopted or looked after can access a range of financial support to help with school, social or emotional well-being. Pupil Premium Plus (PPP) is available to schools and the Adoption Support Fund is available via your local authority. Click the links below for more information:

[Walk through guide to the Adoption Support Fund \(ASF\)](#)

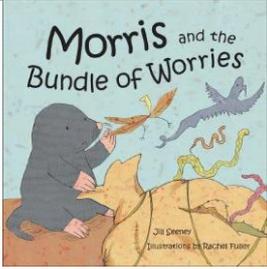
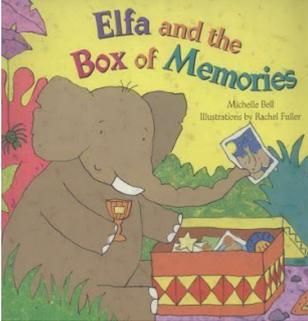
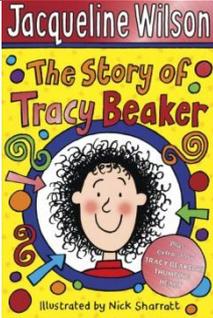
[Walk through guide to Pupil Premium Plus \(PPP\)](#)

There are many organisations supporting families with adopted or look after children. They offer a wealth of support and information. Click the links below for more information:

- [Adoption UK](#)
- [After Adoption](#)
- [Coram](#)
- [The Centre for Emotional Development](#)

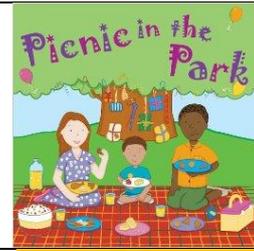
Stories are a great way to discuss adoption and foster care arrangements with your children. Books can also help children to understand and make sense of their life-story. Some of the better known books exploring the subject of fostering and adoption are listed below:

### **Books for Children**

<p><b>Morris and the Bundle of Worries by Jill Seeney</b></p> <p>All young children have worries, but looked after children may have more worries than most as they lack the reassurance and security of permanent, stable family life. In this colourful picture book for young children, Morris the Mole finds out that talking about his problems, and facing his worries with the help of others, is more helpful than hiding his fears.</p>	
<p><b>Elfa and the Box of Memories by Michelle Bell</b></p> <p>Looked after children may have more difficult memories that most, because of separation and loss and traumatic events that may have taken place. In this charming picture book, Elfa the elephant discovers that sharing her memories and remembering the good things that happened is more helpful than keeping them locked away.</p>	
<p><b>The Story of Tracy Beaker by Jacqueline Wilson</b></p> <p>Told in Tracy's own words, Jacqueline Wilson's hugely popular series of books features a 10-year-old with a wild imagination and a short fuse who lives in a children's home and would like a real home of her own. Touching and funny.</p>	

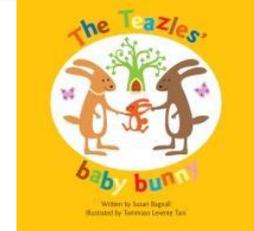
**Picnic in the Park by Joe Griffiths and Tony Pilgrim**

It's Jason's birthday and he has lots of guests at his picnic in the park, from all different sorts of families.



**The Teazles' Baby Bunny by Susan Bagnall**

A picture book that tells the story of how the Teazole rabbits adopt a baby bunny and offers a gentle way to broach the topic of adoption with younger children.



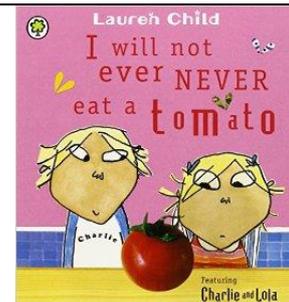
**Nutmeg Gets Adopted by Judith Foxon**

The story of a small red squirrel, Nutmeg, and his younger sister and brother who go through the process of separation, foster care and then going to live with a new, adopted family when their mother is unable to look after them and keep them safe.



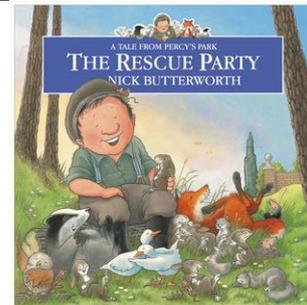
**Charlie and Lola: I Will Not Ever Never Eat a Tomato by Lauren Child**

Classic picture book about siblings Charlie and Lola which has also been made into a popular animated TV series.



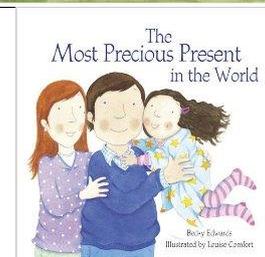
**The Rescue Party (Tales From Percy's Park) by Nick Butterworth**

A heartwarming tale in which Percy the Park Keeper's day off is interrupted when a little rabbit has an accident. Percy to the rescue!



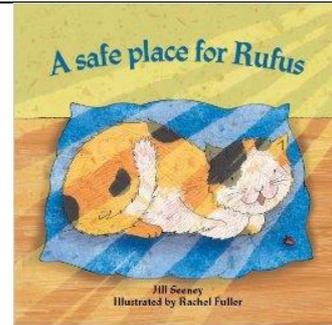
**The Most Precious Present in the World by Becky Edwards**

Mia has different hair and eye colour to her mum and dad. Why? In a dialogue between a little girl and her adoptive mother, this simple, reassuring book explores some of the questions that adopted children ask.



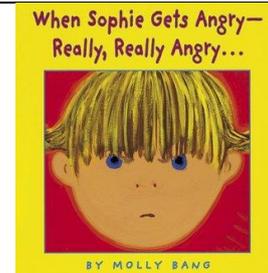
**A Safe Place for Rufus by Jill Seeney**

Rufus the cat lives with a family who looks after him, feeds him his favourite foods and gives him lots of cuddles. He feels happy and safe, especially when he is lying on his favourite blue cushion. But he didn't always feel this way. The family that Rufus used to live with were not kind to him at all. Thinking about his past makes him angry and sad and Rufus struggles to escape from his memories and find a safe place where he can just relax and be himself.



**When Sophie Gets Angry – Really, Really Angry... by M Bang**

Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this book, kids will see what Sophie does when she gets angry. What do you do?



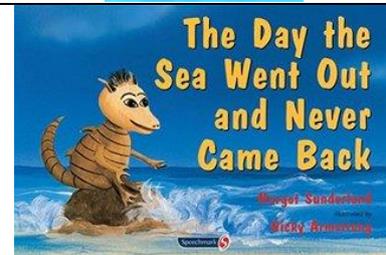
**Something Else by K Cave**

A simple story, about a small creature who does his best to join in with the others. But he's different. No matter how he tries, he just doesn't belong. Then Something turns up and wants to be friends. But Something Else isn't sure he's like him at all.



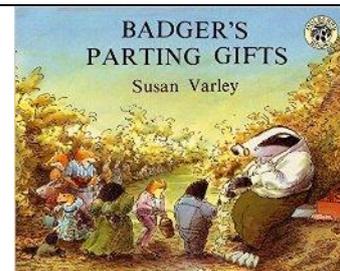
**The Day the Sea Went Out and Never Came Back by M Sunderland**

The Day the Sea Went Out and Never Came Back is a story for children who have lost someone they love. Eric is a sand dragon who loves the sea very much. Each day, he watches it going out and coming back. His sea is beautiful indeed to him. But one day, the sea goes out and does not come back



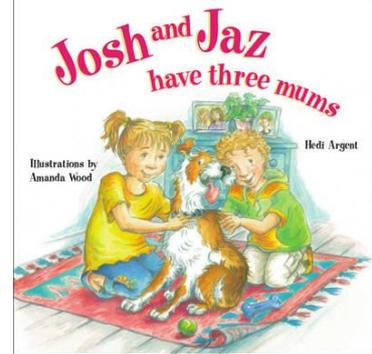
**Badger's Parting Gifts by Susan Varley**

Badger is so old that he knows he will soon die. He tries to prepare his friends for this event, but when he does die, they are still grief-stricken. Gradually they come to terms with their grief by remembering all the practical things Badger taught them, and so Badger lives on in his friends' memories of him.



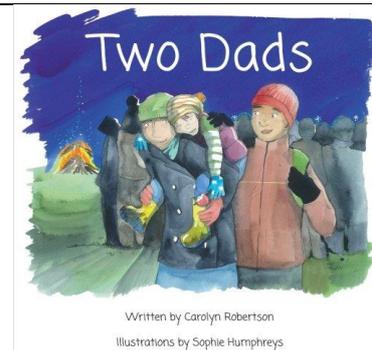
**Josh and Jaz Have Three Mums - Hedi Argent and Amanda Wood**

Will their class laugh because they live with two mums – and what will they say about their birth parents? They want to be like everyone else and have just one mum and dad. Mummy Sue and Mummy Fran help the children to understand that every family tree will tell a different story and that life would be boring if they were all the same. Working together, they produce a family tree that Josh and Jaz are truly proud of and one that wins the admiration of all their classmates.



**Two Dads – by Carolyn Robertson**

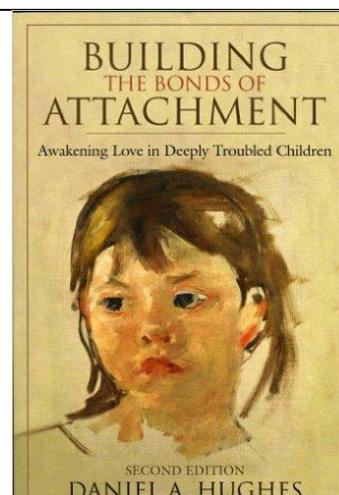
Having Two Dads is double the fun! Many families are different, this family has Two Dads. A beautifully illustrated, affirming story of life with Two Dads, written from the perspective of their adopted child.



**Books & resources for Adults**

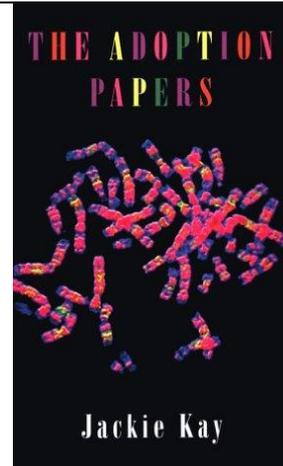
**Building the Bonds of Attachment by Daniel A Hughes**

This book focuses on both the specialised psychotherapy and parenting that is often necessary in facilitating a child's psychological development and attachment security. It blends attachment theory and research, and trauma theory with general principles of both parenting and child and family therapy in developing a model for intervention. This work is a practical guide for the adult - whether professional or parent - who endeavour to help such children.



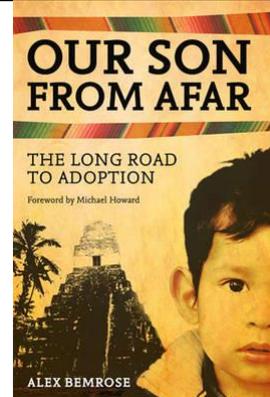
**The Adoption Papers by Jackie Kay**

Jackie Kay tells the story of a black girl's adoption by a white Scottish couple from three different viewpoints: the mother, the birth mother and the daughter.



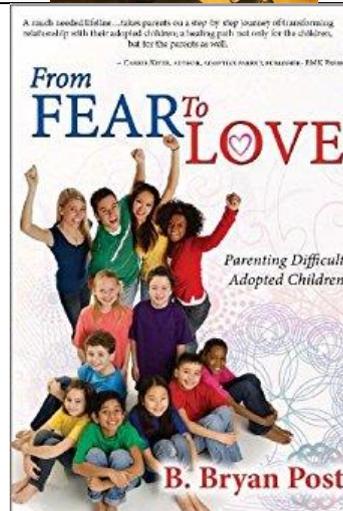
**Our Son from Afar by Alex Bemrose**

This is the moving story of an unusual family of three. A family that started out as a childless couple in England and, thousands of miles across the ocean, a baby whose Guatemalan birth mother was unable to provide for him.



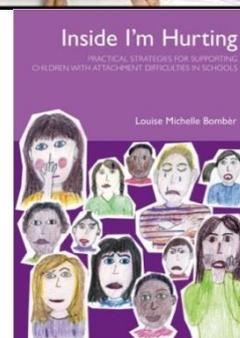
**From Fear to Love by B. Brian Post**

Parenting Difficult Adopted Children. This book speaks directly to adoptive parents and seeks to bring the Post model of parenting together into one resource - giving adoptive parents a vision for the future.



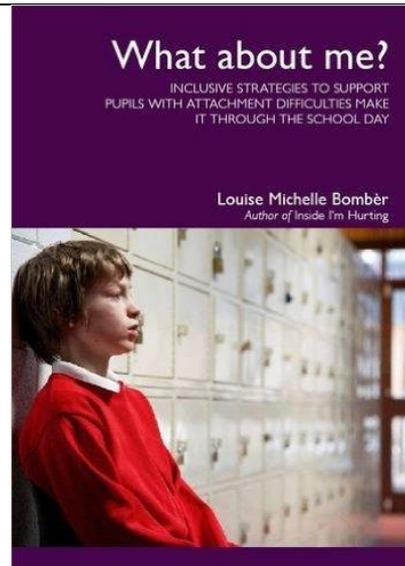
**Inside I'm Hurting by Louise Bomber**

Inside I'm Hurting provides educational professionals with a much-needed classroom handbook of new strategies, practical tools and the confidence for supporting these children from an attachment perspective, thus promoting inclusion in the school system.



**What about me? Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day by Louise Bomber**

What would a genuinely supportive school day look like in real practice, for children who have experienced attachment difficulties and developmental vulnerability? What are the core features of an attachment-friendly school? How can we promote inclusion and positively affect learning outcomes amongst pupils in need, at risk, in care and adopted?



**Why Love Matters by S Gerhardt**

Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. It is an invaluable and hugely popular guide for parents and professionals alike.

