

## **Hertfordshire School Nursing Service**

The School Nursing Service is provided by Hertfordshire Community NHS Trust, for children and young people aged 5 to 19 in mainstream schools.

The service provides confidential support and advice on a range of health and wellbeing topics. Some of these include:

- Emotional health
- Lifestyle issues including weight management and healthy eating
- Keeping safe.
- Health conditions requiring support in schools.

The service also manages a local Health for Kids website, designed to deliver topical health messages and advice for children, parents and carers, through interactive tools and creative marketing materials.

Health for Kids – aimed at those aged four to 11 – can be seen, via [www.healthforkids.co.uk/hertfordshire](http://www.healthforkids.co.uk/hertfordshire)

The website is kept updated with local information and events.

To contact a school nurse with any concerns, a referral form is available to complete online, via [www.hct.nhs.uk/forms/school-nursing-form.asp](http://www.hct.nhs.uk/forms/school-nursing-form.asp)