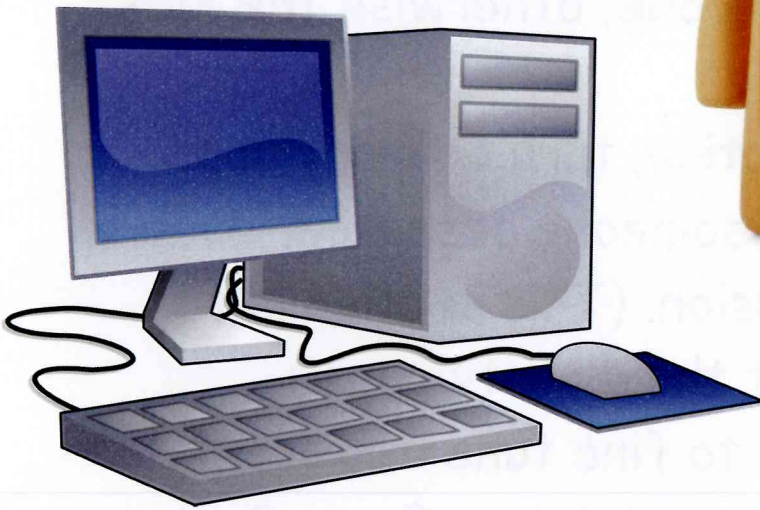


Setting Parental Controls



How to enable restrictions for iPhone and iPad

1. Launch the **Settings app** on your iPhone or iPad.
2. Tap on **General**.
3. Tap on **Restrictions**.
4. Tap on **Enable Restrictions**.
5. Type in a password you'll remember for when you need to disable restrictions again. (This can and should be completely different from the Lock screen passcode, otherwise the kids will know it!)
6. Under the **Allow section**, turn **Off** any apps that you don't want someone accessing without your permission. (This section is for built-in apps and not third party apps.)
7. Scroll down further to fine tune different aspects of iOS from restricting Game Centre use to filtering out specific websites, or only allowing certain ones.

For a visual explanation please look at

<http://www.imore.com/how-enable-parental-control-restrictions-your-iphone-or-ipad>

How to set up parental controls on Android smartphones and tablets

1. Open your apps list and tap on the **Settings** icon.
2. Scroll down the settings page until you find **Users**, then press on it. On tablets like Samsung's, you might need to tap on the **General** tab at the top of the screen first.
3. Choose to add a new profile by tapping on the **small icon of a person** next to the magnifying glass in the top-right corner. As we're setting this up as a child's account, touch **restricted profile**.
4. At this stage you may be asked to set up a PIN or passcode for your user account. This will only appear if you haven't already secured your profile, and is necessary in order to stop your children bypassing parental controls by simply logging into the phone as you.
5. You will now see a list of all the apps currently installed on your tablet. Scroll down this list, adding a **tick** next to each app you want to block access to. When ticked, the app is *allowed*.
6. The account is now set up, ready for your children to use! To access the new profile, lock your tablet. When you go to unlock it again, the screen will display icons for each user profile in the top-right corner. Tap on your child's profile name to sign in as them. Any apps you turned on in the previous step will be accessible. Any others won't appear and can't be accessed until you switch users at the lock screen.

How to change your child's privacy and online safety settings on the Xbox 360 and Xbox One

If you're the parent or responsible adult in the family, follow these steps to view or change the privacy and online safety settings for a child's account:

1. Sign in with the parent Microsoft account on the Xbox settings page.
Note If you've forgotten your account email address or password, see the Lost Account Solution or the Lost Password Solution.
2. Select the gamer tag for the child account you want to view or change.
3. Select either the **Privacy** tab, the **Online safety on Xbox One** tab or the **Online safety on Xbox 360** tab, depending on which setting you want to change for the child account.
4. Revise the settings as appropriate, and then select **Save** at the bottom of each tab to save the settings before moving on to the next tab.
5. Have the child sign in and then sign out of their own account for the changes to take effect.