

# SCHOOL MENU

(This is an example of a typical week's menu)

Every day there will an additional option of jacket potato & filling in winter months or sandwiches in spring/summer.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Lamb Grill & Gravy	Meaty Bolognaise	Sausage Roll	Traditional Roast Turkey with Yorkshire Pudding & gravy	Fish Fingers
Vegetarian Course	Country Vegetable pie with crunchy potato topping	Vegetable grill	Mediterranean crunchies	Vegetarian sausage with Yorkshire pudding & gravy	Margherita pizza
Carboydrates	Mashed potato	Spaghetti or jacket potato	Homemade roast potatoes or rice	Mashed potatoes	Chips or Baby potatoes
Vegetables	Shredded cabbage & baked beans	Broccoli & cauliflower	Peas & carrots	Carrots & swede batons	Green beans & sweetcorn
Salad	Salad bowl	Salad bowl	Salad bowl	Salad bowl	Salad bowl
Desserts	Fudge Brownie	Crispy fruit crumble & custard	Eves sponge & custard	Apple & strawberry tartlet & custard	Vanilla ice cream roll
	Fresh fruit wedges	Fresh fruit salad	Fresh fruit	Fresh fruit wedges	Fresh fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

