

Free Healthy Cooking Course



Come and join us on our FREE cooking courses – we bring all the ingredients, you just bring yourself and have lots of fun!

Block M. 9 Week Courses: May 2017 – July 2017

Morning Courses						
Course Number	Venue	Day	Address	Start date	End date	Time
BMC1 Amy	Closed Course	Monday		Monday 5 th June	Monday 31 st July	10:00 – 12:00
BMC2	Henley Green Community Centre	Tuesday	Wyken Croft, CV2 1HQ	Tuesday 30 th May	Tuesday 25 th July	10:00 – 12:00
BMC3	Central Library	Wednesd ay	Smithford Way, CV1 1FY	Wednesday 24 th May	Wednesday 19 th July	10:00 - 12:00
BMC4	Jubilee Library	Thursday	Radford, CV6 3EX	Thursday 25 th May	Thursday 20 th July	10:00 - 12:00
BMC5	Foleshill Library	Friday	Broad Street, CV6 5BG	Friday 26 th May	Friday 21 st July	10:00 – 12:00
Afternoon courses						
Course Number	Venue	Day	Address	Start date	End date	Time
BMC6	Closed Course	Monday		Monday 5 th June	Monday 17 th July	1.15 – 3.15 pm
BMC7	Earlsdon Library	Tuesday	Earlsdon Ave North, CV5 6FZ	Tuesday 30 th May	Tuesday 25 th July	1.30 – 3.30 pm
BMC8	Closed Course	Wednesd ay		Wednesday 24 th May	Wednesday 19 th July	1.30 – 3.30 pm
BMC9	Aldermoor Library	Thursday	Acorn St, CV3 1DP	Thursday 25 th May	Thursday 20 th July	1.30 – 3.30 pm
BMC10	FWT (Women Only)	Friday	70-72 Elmsdale Avenue, CV6 6ES	Friday 30 th June	Friday 4 th August	12.45 – 2.45 pm
BMC11	Ribbon Court	Weds Evening	689 Foleshill Road, CV6 5GT	Wednesday 24 th May	Wednesday 19 th July	6-8pm

0800 464 0699

www.cookandeatwell.co.uk

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