



RELATIONSHIPS AND SEX POLICY
FOR SCHOOLS WITHIN
THE KEYS FEDERATION ACADEMY TRUST

St. Peter's C. of E. Primary School, Hindley
Hindley Green Community Primary School
St. John's C. of E. Primary School, Hindley Green
St. John's C. of E. Primary School, Abram



March 2017

Relationships and Sex Policy

This policy is part of the Personal, Social and Health Education at schools within The Keys Federation Academy Trust.

People involved

Chief Executive Officer
Director of Academy Excellence
Principals
Assistant Principals
Board of Directors
Local Advisory Committee Representatives
Parents/Carers
School Staff

Introductory statement

At schools within The Keys Federation Academy Trust, pupils are welcomed from all varieties of family make up. We offer a programme of relationship and sex education, which is appropriate to the child's age. It is taught as part of the PSHE&C curriculum and is presented within a caring, Christian (Church schools), moral and family orientated framework. This is stated in each school's prospectus. Materials and teaching will be up to date and of high quality: taking the best on offer from both education and health authority resources.

Aims and Objectives

Schools within The Keys Federation Academy Trust believe that the relationships and sex education is a lifelong learning process about physical, moral and emotional development. The relationships and sex programme will be developmental and a foundation for further work in secondary school. The relationships and sex programme will contribute to the requirements of current DfE guidance and the national curriculum and we aim to promote spiritual, moral, cultural, mental, citizenship and physical development of pupils within society who understand the importance of loving and caring relationships.

We aim to prepare our pupils for the opportunities, responsibilities and experiences of adult life. The school will work towards these aims in partnership with parents/carers.

The aims of the relationships and sex programme are to clarify the content and manner in which relationships and sex education is delivered in school.

Moral and values framework

The relationships and sex programme will reflect the ethos of the schools and demonstrate and encourage the following values:

- Respect for self
- Respect for others regardless of colour, creed or sexuality.
- Responsibility for own actions
- Development of choice, decision making and self-determination skills
- Development of skills for a healthier, safer lifestyle
- Understanding that we are all equal regardless of sexual orientation, gender identity or transgender identity
- In St. Peter's, Hindley, St. John's, Hindley Green and St. John's, Abram account will be taken of the school's Christian character and the church teachings. However the schools will be sensitive towards those whose beliefs are not in line with Christian teachings.

Content

The relationships and sex programme will meet the requirements of the national Curriculum, and former LA Guidance.

It will provide easy understanding, relevant to the appropriate age and maturity of the pupils and will include the development of communication and social skills, encouraging the exploration and clarification of values and attitudes.

Relationships and sex will be taught in the context of relationships and Christian family values

Sequence Of programme

Foundation stage (Phase 1)

- Naming body parts
- Keeping safe
- Family
- Friends

Year 1 (Phase 2)

- My body and other peoples bodies
- Keeping safe
- People in my life
- Friendships
- Moods
- The beginning of life
- Ageing

Year 2 (Phase 2)

- Changes- growth, reproduction, new life.
- Different types of families
- Family feelings
- Getting on with people
- Keeping myself safe
- Caring for my self – hygiene, sleep, exercise
- People who help me care for myself
- What makes me happy/sad

Lower key stage 2 (Phase 3)

- Inside my body
- What I like about myself/other people
- Feelings
- Changes in my body
- Keeping healthy
- Keeping safe
- Families
- Babies
- Ageing
- Friendship
- Dealing with difficult situations
- Saying no

Upper key stage 2 (Phase 4)

- My changing body
- Keeping safe- caring for my body, diet, health, medicines, saying no

- Making decisions
- Varied lifestyles in classes and community
- Differences in others and how we feel about differences
- Family life and relationships
- New life – growth and development of babies, puberty, celebrations of marriage,
- Birth, christening, death in our culture
- Decision making and risk taking
- Feelings about the future
- Similarities and differences in people
- Body changes in me and others – menstruation, life cycle, and reproduction. Due to the increase of younger pupils e.g. Y5 girls beginning menstruation earlier an informative discussion will take place with all children about this process with support from the School Nurse.
- Things that go into my body which may help (e.g. good food, medicines)
- Things that go into my body which may cause harm (e.g. some drugs, cigarette smoke, and poison)
- Coping with pressures about health, sexuality from outside forces, e.g., television, films and newspapers
- Awareness of appropriate religious practices

Equal opportunities

The relationships and sex programme will be developmental, starting from when children enter the schools and continuing until the end of year six.

All children are entitled to participate and will be taught in mixed-sexed groups. Children will be taught that all questions are permissible but because of age/maturity may only be answered with parental permission in a 1 – 1 situation or in a small group. In this situation another adult will be within hearing distance.

Organisation of the relationships and sex policy

The relationships and sex programme will be co-ordinated by the PSHE&C co-ordinators in close co-operation with the Director of Academy Excellence, Principals and class teachers.

The relationships and sex programme will be delivered by the class teacher and may include visits from school nurse and other professionals, visits from the Life Education Centre, other health professionals and through visits from parents and babies where appropriate.

Resources

Resources will be selected according to the abilities and identified needs of participating pupils and will be made available for parents/carers, Directors and LAC representatives to view at their convenience, and at a meeting for parents.

Specific issues

Answering difficult questions

Questions can be placed in an anonymous question box and specific questions can be targeted, if it's a 'common' question. Individual teachers will use their skill and discretion if explicit or difficult questions arise. Questions will be dealt with directly and if necessary will be addressed individually at a later time.

No question will be deemed wrong however age and maturity may make some inappropriate. The Principal will be consulted if there are issues of concern.

All staff will follow Wigan LA Guidance. Although we will not explicitly teach about the issues of contraception and sexually transmitted infections, including HIV and AIDS, sexually identity and sexual orientation and abortion we will be sensitive to these issues and answer individual's questions as per the guidance. Parental permission may be sought.

Child Sex Abuse

Adult / child & child / child.

The school will follow the Trust's Child Protection Procedure.

Child Protection Officers for the schools – Director of Academy Excellence, Principals, Assistant Principals and Learning Mentors.

Confidentiality

The member of staff concerned will maintain the child's confidentiality, but if they believe that the child is at risk or in danger they should talk to the Director of Academy Excellence or Principals who will confer with the child protection Director and then make a decision of procedure. The child concerned will be informed and supported through this procedure. Confidentiality procedures will follow the guidelines defined in The Keys Federation Safeguarding and Child Protection Policy. Staff members will also be supported and offered external help if needed.

Complaints procedure

If any parents/carers wish to voice complaints regarding any aspect of the Relationships and Sex Programme they must make it in writing as per the Trust Complaints Procedure.

Use of Visitors

Procedures of involvement of school nurse, health professional and visitors

The school nurse and health professionals may be involved with the relationships and sex programme following specific guidance from the Director of Academy Excellence/Principals or the PSHE co-ordinator.

Visitors will be involved with the relationships and sex programme following specific guidance from the class teachers following consultation with the PSHE co-ordinator or the Director of Academy Excellence/Principals.

All visitors involved with the relationships and sex programme must work within the school's protocols and professional guidelines regarding child protection and confidentiality. Staff members will remain in the classroom at all times during any input from outside agencies involved. No visitor may go against the schools express wishes in these areas.

Working with parents/carers

Parents/carers will be involved through meetings and presentations dealing with specific relevant issues and will be given the opportunity to visit the Life Education Centre when it visits school. They are also offered parent courses from Life Education Team covering a variety of topics including relationships and sex education.

Child withdrawal procedures

The schools encourage parents/carers to allow their children to participate in the school's relationships and sex programme and will keep them informed of the timing and nature of work carried out within the curriculum. However, if parents/carers wish to withdraw their child from all part of the programme the suitable arrangements with another class will be made.

For parents/carers to exercise this right they are invited to see the Principal who will explore their concerns and possibilities of adjusting the programme or approach.

Once the child has been withdrawn they will not be able to take part in the relationships and sex programme until the request for withdrawal has been withdrawn in writing.

Materials available to parents/carers.

The range of materials used will be available for parents/carers to view at a parents meeting once a year. The Y5 and/or Y6 parents/carers are invited to an evening explaining the content of the programme of study. Parents are able to discuss matters with relevant staff at their convenience.

Dissemination of policy.

This policy will be made available to staff and Directors through the usual channels. Parents/carers will be informed of their right to read the policy through the school's prospectus and the website.

Monitoring and evaluating

This policy will be reviewed as part of the 2 yearly cycle of review, unless circumstances show a need for an earlier review.

References

This policy was written with reference to Sex and Relationship Education Guidance (DfEE 0116/2000).

This policy was reviewed with due regard to the Equality Act 2010 during the Spring Term 2017 and Directors are aware of its contents.

Signed CEO