



Themed Overview for KS 4 ASD.

Year 3 Spring Term - Horticulture.

<p style="text-align: center;"><u>Communication</u></p> <p>Objective: Students adopt personalised functional strategies to communicate preferences, needs, feelings and emotions.</p>	<p style="text-align: center;"><u>Citizenship</u></p> <p>Objective: Students understand their place in the community. They actively engage and access resources relating to personal interests.</p> <ul style="list-style-type: none"> . Maintaining an allotment bed- jobs and responsibilities . Finding equipment, washing equipment and putting it away . Walks through farmland/ countryside . Making a cold frame/ painting a garden fence/ bench . Enterprise activities e.g. selling plants/ veg from allotment . Visits to garden centre 	<p style="text-align: center;"><u>Discovery</u></p> <p>Objective: Students make valued choices resulting from an irresistible opportunity to learn.</p> <ul style="list-style-type: none"> . Collage/ sculptures/ patterns using natural objects e.g. mud faces . Growing grass in tray/ old tights and cutting it! . Den building indoors/ outdoors . Make a scarecrow/ other garden decorations e.g. shiny bird scarer . Planting up unusual containers e.g. old football boots/ painted tyres
<p style="text-align: center;"><u>Emotional Well-being</u></p> <p>Objective: Students feel safe, balanced, happy and able to self-regulate emotion.</p> <ul style="list-style-type: none"> . Heavy work activities: mowing the grass, pushing the wheelbarrow, digging, carrying a watering can . Gardening as therapy e.g. smelling herbs, sensory digging, kicking through the leaves, rolling in the grass, repetitive actions e.g. filling the watering can and watering the plants, filling pots with soil 	<p style="text-align: center;"><u>Flexibility</u></p> <p>Objective: Students broaden interests and cope with changing environments.</p>	<p style="text-align: center;"><u>Independence</u></p> <p>Objective: Students increase their self-help ability and master skills for life.</p> <ul style="list-style-type: none"> . Cooking: picking, preparing and cooking with veg grown in the allotment. . Healthy eating: fruit/ veg snacks/ smoothies . Handwashing after gardening . What to wear, dressing - wellies/ gloves / waterproofs . Using tools / equipment.