

## PSHE & CITIZENSHIP POLICY

### Aims and Objectives of PSHE and Citizenship

We believe that Personal, social and health education (PSHE) and citizenship helps to give pupils the knowledge, skills and understanding to lead confident, healthy, independent lives and to become informed, active, responsible citizens. We will endeavour to encourage pupils to take part in a wide range of activities and experiences across the curriculum, contributing fully to the life of the school and the community. Pupils need the self-awareness, positive self-esteem and confidence to:

- Stay as healthy as possible;
- Keep themselves and others safe;
- Have worthwhile and fulfilling relationships;
- Respect the differences between people;
- Develop independence and responsibility;
- Play an active role as members of a democratic society;
- Make the most of their own and others' abilities.

These principles can be found in the five key outcomes stated in the Government Green Paper 'Every Child Matters' which are;

- Being healthy
- Staying Safe
- Enjoying and achieving
- Making a positive contribution
- Achieving economic well being

We believe that the benefits of PSHE and Citizenship are:

- *For pupils:* an entitlement in school that will enable them to participate in society effectively as active, informed, critical and responsible citizens of our democracy and of the wider world:
- *For teachers:* advice and guidance in making existing citizenship provision coherent, both in intellectual and curriculum terms.
- *For our school:* a firm base to coordinate existing teaching and activities, to relate positively to our neighbourhood and the local community and to develop effective Citizenship Education for all pupils.

We believe that PSHE and Citizenship should be taught through the following three areas:

*-Social and moral responsibility.* To develop children's socially and morally behaviour both in and beyond the classroom, both towards those in authority and towards each other.

*-Community involvement.* To encourage children to become involved in the life and concerns of their neighbourhood and communities, including learning through community involvement and service to the community.

*-Political literacy.* Children to be introduced to learning about institutions, problems and practises of our democracy and how to make themselves effective in the life of the nation, locally, regionally and nationally through skills and values as well as knowledge.

### KS1 Key skill areas

During KS1 pupils at Woodland Grange will have opportunities to:

1. *Develop their confidence and responsibility and make the most of their own ability through being taught how to:*

- a. Recognise what they like and dislike, what is fair and unfair, and what is right and wrong.
- b. Share their opinions on things that matter to them and explaining their views.
- c. Deal with their feelings in a positive way.
- d. Learn from their experiences and recognise what they are good at.
- e. Set simple goals for themselves.

2. *Prepare to play an active role as citizens through:*

- a. Taking part in discussions.
- b. Taking part in a simple debate about topical issues.
- c. Recognising choices and the difference between right and wrong.
- d. Agreeing and following rules.
- e. Learning that people and other living things have needs, and that they have responsibilities to meet them.
- f. Thinking about what improves and harms their environment and how people can look after them.
- g. Contributing to the life of the class and school.

- h. Learning that money comes from different sources and can be used for different purposes.

3. *Develop a healthy, safer lifestyle through:*

- a. Making simple choices to improve their health and well-being.
- b. Learning about personal hygiene.
- c. Learning about how diseases are spread and can be controlled.
- d. Learning about the process of growing old and how people's needs change.
- e. Learning the names of the main parts of the body, including the names of the main external parts of the body using agreed names for sexual parts.
- f. Learning that all household products, including medicines, can be harmful if not used properly. (See Drugs Policy)
- g. Learning about basic road safety rules.
- h. Identifying safe and unsafe situations.
- i. Learn to use simple rules with dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

4. *Develop good relationships and respect the differences between people through:*

- a. Recognising how their behaviour affects other people.
- b. Listening to other people, and playing and working cooperatively.
- c. Identifying and respecting the differences and similarities between people.
- d. Understanding that family and friends should care for each other.
- e. Learning that there are different types of teasing and bullying, that bullying is wrong, and how to get help in dealing with bullying.

KS2 Key skill areas

During KS2 pupils at Woodland Grange will have the opportunities to:

1. *Develop their confidence and responsibility and make the most of their abilities through:*

- a. Talking and writing about their opinions.

- b. Recognising their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals.
- c. Facing new challenges positively by collecting information, looking for help, making responsible choices, and taking action.
- d. Recognising, as they approach puberty how people's emotions change.
- e. Learning about the range of jobs carried out by people they know, and to understand how they can develop skills to make their own contribution in the future.
- f. Learn to look after their money.

2. *Prepare to play an active role as citizens through:*

- a. Researching, discussing and debating topical issues, problems and events.
- b. Learning about why and how rules and laws are made and enforced.
- c. Learning about the possible consequences of anti-social and aggressive behaviour, such as bullying and racism, on individuals and communities.
- d. Learning about different kinds of responsibilities, rights and duties at home and at school.
- e. Reflecting on spiritual, moral, social and cultural issues.
- f. Resolving differences by looking at alternatives, making decisions and explaining choices.
- g. Learning about what a democracy is.
- h. Learning about the role of voluntary, community and pressure groups.
- i. Learning and appreciating the range of national, regional, religious and ethnic identities in the UK.
- j. Learning about how resources can be allocated in different ways.
- k. Exploring how the media presents information.

3. *Develop a healthy, safer lifestyle through being taught:*

- a. How to make simple choices that improve their health and well-being.
- b. To maintain personal hygiene.
- c. How some diseases spread and can be controlled.

- d. About the process of growing old and how people's needs change.
- e. The names of the main parts of the body.
- f. That all household products, including medicines, can be harmful if not used properly. (See Drugs Policy)
- g. Road safety rules.

4. *Develop good relationships and respect the differences between people through being taught:*

- a. To recognise how their behaviour affects other people.
- b. To listen to other people, and play and work cooperatively.
- c. To identify and respect the differences and similarities between people.
- d. That family and friends should care for each other.
- e. That there are different types of bullying and teasing, that bullying is wrong, and how to get help to deal with bullying.

How the aims and objectives of PSHE will be fulfilled

*The aims and objectives will be taught using a variety of methods including R Time, circle time, designated PSHE time, assemblies and through other curriculum areas particularly Science and R.E. There will also be organised visits directly related to the PSHE curriculum. These are the Life Education Visit in the Autumn term for all year groups and visits by the Police Road Safety Liaison Office, our local Road Safety Officer and the School Nurse. The PSHE resource list will be used to supplement and aid teaching.*