

TEDDER C P
10th July – 14th July
Week 6

Name Class

| Monday 2 | | Tick |
|-----------------|--|-------------|
| Main | Tomato and basil chicken served with rice and mixed vegetables | |
| Main (V) | Lentil & vegetables in a creamy tomato sauce served with rice & mixed vegetables | |
| Bread | Egg roll, yoghurt, fruit or vegetable sticks, cake or cookie | |
| Dessert | Doughnut | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Tuesday | | Tick |
|----------------|---|-------------|
| Main | Beef Bolognese served with pasta, garlic bread & peas | |
| Main (V) | Roasted vegetables in tomato sauce served with pasta, garlic bread & Peas | |
| Bread | Ham wrap, yoghurt, fruit or vegetable sticks , cake or cookie | |
| Dessert | Muffin | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Wednesday | | Tick |
|------------------|---|-------------|
| Main | Sausage in a bun served with beans | |
| Main (V) | Quorn sausage in a bun served with beans | |
| Bread | Chicken mayonnaise baguette, yoghurt, fruit or vegetable sticks, cake or cookie | |
| Dessert | Syrup sponge & custard | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Thursday | | Tick |
|-----------------|---|-------------|
| Main | Chicken fillet served with Yorkshire pudding, roast potatoes , broccoli and gravy | |
| Main (V) | Roasted vegetable tart served with roast potatoes, broccoli and gravy | |
| Bread | Turkey sandwich, yoghurt, fruit or vegetable sticks, cake or cookie | |
| Dessert | Cookie | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Friday | | Tick |
|---------------|--|-------------|
| Main | Breaded fish served with new potatoes & carrots | |
| Main (V) | Cheese & tomato pin wheel served with new potatoes, & carrots | |
| Bread | Tuna mayonnaise roll, yoghurt, fruit or vegetable sticks, cake or cookie | |
| Dessert | Strawberry ice cream with café curl | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

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| Special Requirements Including any Food Allergies | Total Meals : Cost per Meal :£2.30 Total Amount :£ |
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Please return this form and payment by **15th June**

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Please complete and detach this section and keep for your records Week commencing 10th July

| Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | |
|--------|-----|---------|-------|---------|-----|---------|-------|-----------|-----|---------|-------|----------|-----|---------|-------|--------|-----|---------|-------|
| Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit |

