



Courses available in your community.

Community First Aid

1 week free course

Thursday 13 July 2017

9.00 am – 3.00 pm

Deane & Derby Centre

Overview of the course

This one week taster course is part of the Positive Steps to Health and Wellbeing programme. It will focus upon basic community first aid.

What can I expect to learn?

Through two practical workshops you will cover some of the following topics:

- Communication and casualty care
- Looking after yourself and the casualty
- Treatment of minor bleeding, minor injuries and minor burns
- Treatment of an unresponsive casualty
- Priorities of first aid and managing the scene

If you are interested please ask at reception about enrolling for this course

Deane & Derby Community Centre, Board Street, Bolton, BL3 5EH
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