

TEDDER C P SCHOOL

Week 1

September- January

Autumn Term

5th – 8th September

Name Class/Year

Monday		Tick

Tuesday		Tick
Main	Creamy tomato & cheese pasta bake served with mixed vegetables	
Main (V)	Pesto pasta, served with grated cheese & mixed vegetables	
Bread	Ham baguette, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	muffin	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Breaded Chicken fillet served with new potatoes & baked beans	
Main (V)	Vegetable burger served with new potatoes & baked beans	
Bread	Chicken wrap yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Orange sponge & custard	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Sausage, Yorkshire pudding served with mash potatoes, carrots & gravy	
Main (V)	Quorn mince & vegetable casserole served Yorkshire pudding with mash potatoes, carrots & gravy	
Bread	Turkey sandwich , yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Breaded fish served with sauté potatoes & sweetcorn	
Main (V)	Roasted vegetables & lentils in a tomato & basil sauce served with sauté potatoes & sweetcorn	
Bread	Cheese roll, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	flapjack	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals :
	Cost per Meal :£ Price
	Total Amount :£

Tuesday 11th July

Please return this form and payment by

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Please complete and detach this section and keep for your records (Parent's Copy) Tues 5th Sept

Monday			Tuesday			Wednesday			Thursday			Friday		
M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y