

East Riding of Yorkshire mental and emotional health services for children and young people

Name of service

Education Inclusion Service (Educational Psychology)

Service provided

We are part of the Education Inclusion Service and work with schools, early years settings, alternative learning settings, post-school settings and other agencies. We apply our knowledge of psychology to improve the learning and wellbeing of children & young people. We understand how children & young people learn and why they can experience difficulties with emotions, learning and/or behaviour.

Our work is most effective when we work with the adults who support the child or young person to help identify the barriers to learning, and plan how best to help the child or young person make progress.

We offer the following services:

- **Solution-seeking consultation meeting for teachers, parents/carers and other adults who support children & young people**
- **Psychological assessment leading to advice about suitable evidence-informed interventions**
- **Training and development activities to help build the capacity of staff to support vulnerable learners (ELSA Training, YMHFA, Attachment & Trauma, School refusal and anxiety, Wellbeing for Staff)**
- **Direct interventions with the child or young person (solution focused brief therapy, cognitive behavioural approaches, Friends for Life groups, therapeutic stories, coaching, Video Interaction Guidance, mindfulness)**
- **Research and evaluation projects**
- **Support for critical incidents in school**

Applicable age group for service

0 -25 years

Who is the service for (ie threshold)

We work with children & young people whose learning, social and/or emotional needs are a significant barrier to becoming a successful learner (academically and socially). Children & young people do not need a diagnosis to receive support from us.

When a school or other education setting identifies that a child or young person has additional needs, they put in place appropriate strategies & interventions as part of the graduated 'Assess-Plan-Do-Review' response (SEND Reforms). If the concerns continue then the school or educational setting might wish to seek specialist support and can, with consent from the parent and young person as appropriate, seek advice from us.

Who can refer a child or young person?

Staff working in schools and other educational settings can request support from our Service.

How do you refer?

The school or other educational setting would seek permission from the parent/carer and young person as appropriate, to have an initial discussion with their link educational psychologist to find out if there is a role for our Service. We would then ask the school or educational setting to complete a 'Request for Educational Psychology Involvement' form. This form requires a signature from the parent/carer to show that they have given their consent for school to ask us to become involved.

For young children attending private, voluntary or independent early years settings, the request for support is through the Early Support Team.

Location of service

We are based at County Hall, Beverley, East Riding of Yorkshire, HU17 9BA
We can be contacted on: (01482) 392254 or by email at: eis@eastriding.gov.uk

What happens after a referral is made?

Once we have received the completed 'Request for Educational Psychology Involvement' form, we ask the school to arrange a Consultation meeting with the member of staff who has the concern, the child or young person as appropriate, and their parent/carer. At this meeting we discuss the concerns and agree a plan to improve the situation. We always work in a way which ensures the voice of the child or young person is listened to and heard, and that they are kept informed of decision that are made about them.

What happens if a child / young person is not accepted for treatment following a referral?

We only become involved if, after an initial discussion with the school or other educational setting, we think we can offer support which is useful and helpful. If not, we will advise staff about Services which we think might be able to help.

Information re registered service and regulatory body

We are registered with the Health and Care Professions Councils (HCPC) which means our work meets professional standards of conduct, performance and ethics. Information about this can be found here <http://www.hcpc-uk.co.uk/>

Any other information

Further information about us can be found on East Riding Local Offer website.
<http://www.eastridinglocaloffer.org.uk/education/education-support-services/education-inclusion-service/?entryid124=425284>