

East Riding of Yorkshire mental and emotional health services for children and young people

Name of service

CAMHS Specialist Eating Disorder Service.

Service provided

Eating Disorder Service.

Applicable age group for service

Children and Young People, up to the age of 18 years old.

Who is the service for (ie threshold)

The CAMHS Specialist Eating Disorder service is for young people under the age of 18, where there is concern about a possible eating disorder. Young people with eating disorders (anorexia nervosa, bulimia nervosa or other specified feeding or eating disorders (OFSEDS) in accordance with DSM 5 criteria are seen within the service.

The service is not commissioned to see young people with obesity or those who have feeding/eating problems including fussy eating or related to other diagnoses such as anxiety/depression/ASD where the core problem is not an over-evaluation of weight and shape.

Who can refer a child or young person?

Parents, all professionals and young people themselves over the age of 16 years, can make a referral to the CAMHS Eating Disorder Service.

How do you refer?

Referral is via the CAMHS Eating disorder team 01482 347886 or CAMHS Single Point of Access on 01482 303810. The service also has on-line referral form, which GP's and Professionals can access.

Location of service

Beverly Heath Centre. However, the service operates from various bases across Hull and East Riding due to covering a large geographical area.

What happens after a referral is made?

It is once a referral is received into the CAMHS Eating Disorder Service, it is triaged. The service operates under specific targets in regards to the operation of national waiting times for the treatment of eating disorder, as it aims to see emergency cases within 24 hours, urgent cases within 5 days and routine cases within 15 days. Therefore, the services focus is very much around early intervention, as it acknowledges the sooner a young person commences treatment and their family is supported for an eating disorder, the better the outcome tends to be, in regards to recovery rates and prognosis.

What happens if a child / young person is not accepted for treatment following a referral?

If a referral into the service is seen and assessed and is not accepted, due to it not meeting the required

threshold, then a discussion should take place with the Child/Young Person, family and referrer. With agreed consent A decision can then be made, to determine what is the most appropriate pathway of care to meet that child/family's needs. In some instances, this may involve signposting to another service or transferring to another pathway, within CAMHS.

Information re registered service and regulatory body (if applicable)

Any other information

All registered nurses and regulated by the NMC.