

East Riding of Yorkshire mental and emotional health services for children and young people

Name of service

Sport, Play and Arts Service

Service provided

Elevate

Applicable age group for service

Suitable for Y5 and Y6 (group work for between 6-8 children)

Who is the service for (ie threshold)

Children who need support in helping to raise self-esteem and confidence, together with those who struggle to make friends and build emotional robustness

Who can refer a child or young person?

Schools and professionals

How do you refer?

Referral form from the Sport, Play and Arts Service or via eHaSH Referral form from the Sport, Play and Arts Service or via eHaSH

Location of service

Service is based in Beverley, but caters for the whole of the East Riding Service is based in Beverley, but caters for the whole of the East Riding

What happens after a referral is made?

An officer will contact the person making the referral to discuss the potential case. A meeting will take place with eHASH to determine where Elevate will be delivered.

What happens if a child / young person is not accepted for treatment following a referral?

With only four 20 week programmes commissioned at present, specific cases could potentially receive a shorter elevate or friendship building programme. School can also receive training, session plans and worksheets about the programmes, and resources can be hired if required

Information re registered service and regulatory body (if applicable)

n/a

Any other information

Activities are purposeful, fun and designed to allow children to explore emotions (either their own situation or a fictional age-appropriate scenario), together with playing out memorable and easy coping mechanism to develop emotional robustness. Sessions give children a voice, help them to understand how their bodies react and improve empathetic ability. Elevate offers a bespoke service and is best

delivered in partnership with schools and professionals. Activities are purposeful, fun and designed to allow children to explore emotions (either their own situation or a fictional age-appropriate scenario), together with playing out memorable and easy coping mechanism to develop emotional robustness. Sessions give children a voice, help them to understand how their bodies react and improve empathetic ability. Elevate offers a bespoke service and is best delivered in partnership with schools and professionals.