

School Newsletter

School Leadership, Foodbank, Mindfulness



The Bigger Picture

Leadership - in a changing landscape

Leadership changes are enriching our school. As the Principal of Our Lady of Pity, lead school for the Deep Learning Teaching School Alliance and a National Leader for Education, Mr Cotton is developing learning, at local, regional and national levels. He brings back to us the very best practice to further develop provision for the children at Our Lady of Pity.

Mrs Galloway is leading school development apace as Head of School. Children benefit from her expertise, both directly and indirectly: increased emphasis on sports for all, pre-teach sessions, choral reading and learning of poetry, the excitement of Roald Dahl day and Quentin Blake artistry, the daily use of First News and the rich resources across the school all bear the hallmark of her unerring eye for top quality, balanced education.

Keeping Safe - Internet safety and "Stranger Danger" When is it right to say "NO"?

- ▶ We are practising saying "No", exploring the ways in which our emotions and thoughts guide us. Visit the CEOP website for guidance.

Pupil Voice

Children are more enthusiastic than ever in their responses to the questions we raise in the corridor: most recently - "When have you felt like the odd one out?" and "What do British values look like in our school?"



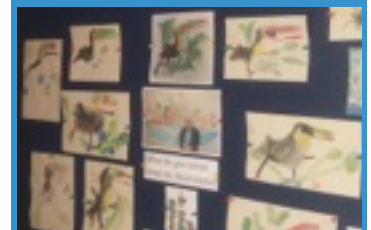
Food for the hungry...

Thank you for a tremendous response to the Foodbank appeal - we are going for half a tonne! Help us feed our neighbours in need. Tinned fruit, pasta and UHT milk please!



THANK YOU!

Gallery



Quentin Blake

Such an inspiration!

PARENT COUNCIL

Are you interested in working with other parents and with the school staff to enhance learning? Contact amaney@ourladyofpity.co.uk.

ESAFETY

thinkuknow.co.uk

Visit for latest guidance.

PARENT VIEW

You are invited to register your views at:

parentview.ofsted.gov.uk

FOLLOW US!



@olopschool1

VISIT OUR WEBSITE

www.olopschool.co.uk

Next New Thing!

Prayer, Mindfulness and Meditation

90% of our children say they have difficulty sleeping. Apart from ensuring that the hour before sleep is screen-free, using simple techniques to still the mind will help. Alongside increasing physical exercise, we are now focusing attention on prayer, reflection and relaxation techniques which calm the mind, allowing best states for learning and for life.

You might like to try this mindfulness technique with your child:

Colour Breathing

1. Sit or lie still, pick a point in front of you and focus gently on it.
2. Lift your eyes slightly above the horizontal. Close them if you wish.
3. Allow your gaze to soften and expand, becoming aware of what is at the side of your vision.
4. Breathe. No effort, just breathe.
5. Place your hand on your heart and imagine breathing a chosen colour into and out from your heart. Keep going, changing the colour if you wish. When ready, stop. See how you feel now?

The Basics

PARENTPAY

If you haven't already joined this scheme, please,

SIGN UP NOW!!

ACCESSORIES

Help children focus in school - with plain shoes, socks, stud earrings and plain hairbands - it really makes a difference!

PRE-TEACH

Please accompany children until 8:15 am for pre-teach sessions. Thank you.

Love to Read?

Roahl Dahl Day and National Poetry Day have raised the profile of reading beautifully this year already, with children across the school confidently discussing favourite books and sharing poetry recitals. Quentin Blake's artistry has been a source of delight as children explore what it takes to illustrate text and bring it to life. Watch this space!



Achievements

Sports teams are going from strength to strength with medals galore.

Our thanks to Mrs Talbot and to all of our parents for making sport such a priority and strength - see sporting newsletter.

We need more Y5 & 6 girls for cross country teams - come on girls, run for us!

ParentPay - A huge thank you to everyone who has signed up. The cashless system is enabling us to focus on providing an even wider range of clubs and trips for your children. We just need the final 10 percent of families to activate their accounts so that we have everyone on board. Please, if you haven't done so already - **sign up to ParentPay today!**

Survey Monkey - Thank you for responses to our first survey of the year. Please look out for surveys coming your way. A few minutes of your time helps us to "get it right" for everyone in our school.

Track suits - are now on the M&S website any moment now and just in time for the cold weather. We think you will find them to be an excellent and economical addition to the PE kit.

