

# week 3 menu

All main meals are accompanied with: Seasonal vegetables or salad items. And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

## Monday

**Oven Baked Sausage**  
Oven baked prime pork sausage

**Halal Chicken Sheesh Kebab**  
Halal Chicken kebab mixed with authentic spices

**Vegetable Soya Lasagne**  
Soya mince in a tomato sauce, layered with pasta and a creamy cheese sauce

**Jam Sponge**  
A light sponge topped with jam, served with creamy custard

**Date & Cocoa Brownie**

**Cheese Panini / Jacket Potatoes / Sandwiches & Wraps**  
with assorted fillings and salad

## Tuesday

**Lamb & Mint Grill**  
A rustic lamb and mint patty

**Cheese Lattice**  
A thick cheese sauce encased in a puff pastry lattice, baked through the oven

**Pear & Vanilla Sponge**  
Vanilla sponge mixed with pears, and served with creamy custard

**Chocolate & Vanilla Mousse**  
frozen chocolate & vanilla mousse

## wednesday

**Beef Lasagne**  
Layered beef & pasta topped with cheese sauce

**Halal Chicken Biryani**  
Sautéed halal chicken cooked in a savoury rice

**Mild Veggie Keema & Peas**  
Mincéd vegetable soya cooked with onions, spices and garden peas

**Cheese Panini / Jacket Potatoes / Sandwiches & Wraps**  
with assorted fillings and salad

**Swedish Apple Sponge**  
A light sponge baked over a bed of sliced apples

## Thursday

**Cheese & Tomato Pizza**  
Pizza topped with tomato sauce & cheese topping

**Cheese Panini / Jacket Potatoes / Sandwiches & Wraps**  
with assorted fillings and salad

**Chocolate Mandarin Sponge**  
Rich cocoa based sponge with mandarin served with chocolate sauce

**Fresh Fruit Salad**  
Assorted diced fresh & tinned fruit, served with creamy vanilla ice cream

## Friday

**Gluten Free Fish Fillet**  
Fish fillet coated in gluten free crunchy rice coating and baked in the oven

**Quorn Sausage**  
A protein rich, vegetarian sausage

**Cheese Panini / Jacket Potatoes / Sandwiches & Wraps**  
with assorted fillings and salad

**Chocolate Waffle**  
A cocoa based reduced sugar waffle baked in a waffle iron

**Frozen Yoghurt**  
Assorted frozen yoghurt tubs

# the food quarter School Catering

at

St Francis' Catholic Primary School

A tasty nutritionally balanced 2 course school lunch **free** for all primary school children in reception class and Years 1 & 2 or **£1.65** for Years 3-6

This leaflet contains details of the menu at your school after Easter.

Tasty, nutritious school meals have been provided in the Bradford district for many years. The Universal Infant Free School Meals scheme means these meals are now provided for **FREE** to all primary school children in reception class and Years 1 & 2.

There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's a good idea to still register as your school will benefit from extra funding.

**Please Note: For children in Years 3 - 6, meals will be priced at £1.65, which is still great value for money.**

## Menu Cycle

w/c 24-Apr-17	Week 1
w/c 01-May-17	Week 2
w/c 08-May-17	Week 3
w/c 15-May-17	Week 1
w/c 22-May-17	Week 2
w/c 29-May-17	Holiday week
w/c 05-Jun-17	Week 1
w/c 12-Jun-17	Week 2
w/c 19-Jun-17	Week 3
w/c 26-Jun-17	Week 1
w/c 03-Jul-17	Week 2
w/c 10-Jul-17	Week 3
w/c 17-Jul-17	Week 1
w/c 24-Jul-17	Week 2
<b>Summer Holidays</b>	
w/c 04-Sep-17	Week 1
w/c 11-Sep-17	Week 2
w/c 18-Sep-17	Week 3
w/c 25-Sep-17	Week 1
w/c 02-Oct-17	Week 2
w/c 09-Oct-17	Week 3
w/c 16-Oct-17	Week 1

Dates shown in red are holiday weeks

City of Bradford MDC

www.bradford.gov.uk

The wording in this publication can be made available in other formats such as large print. Please call: 01274 436778.

More information on the meals we provide, along with detailed allergen information is available online at:

www.bradford.gov.uk/schoolmeals