

Learning Powers

What is Building Learning Power?

Did you know that we can continually develop our capacity to learn in new and challenging circumstances throughout our life?

Professor Guy Claxton suggests that there are four key learning dispositions to help us become successful life-long learners. These are the 4 R's:

- Resilience
- Reflectiveness
- Resourcefulness
- Reciprocity.

These dispositions can be developed regardless of age or ability and we are encouraging the children to develop as learners every day. These have been introduced as groups of learning muscles and with the right kind of exercises they can be nurtured and trained like any other muscle. Developing these dispositions and their individual capacities will help the children become well-rounded and adaptable learners.

Meet our Learning Heroes and their powers to find out how they help us become successful learners.

Resilient Ranger

NOTICING

Concentrating to find patterns and hidden ideas.

ABSORPTION

Losing yourself in learning.

PERSERVERANCE

Keeping going when things get tough.

MANAGING DISTRACTIONS

Recognising and reducing distractions.



Resourceful Ranger



IMAGINING
Using imagination to explore possibilities.

QUESTIONING
Asking questions and being curious.

REASONING
Calling on logical and rational skills to work things out.

MAKING LINKS
Seeing connections between two separate events and experiences.

CAPITALISING
Making good use of and drawing on a full range of resources.

Reflective Ranger

DISTILLING

Carrying essential learning forward and being your own learning coach.

PLANNING

Planning where you are going and the actions and resources you will need.

META LEARNING

Knowing yourself as a learner.

REVISING

Being flexible, changing your plans, monitoring and reviewing learning.



Reciprocal Ranger

EMPATHY AND LISTENING

Listening to others to put yourself in their shoes.

INTERDEPENDENCE

Knowing when it's appropriate to learn on your own or with others.

IMITATION

Picking up learning habits by observing.

COLLABORATION

Learning with others by listening and joining in with group work.

