

## Information & Advice!

### **Greenscape is introducing an exciting Community Project; 'Project BLOOM' - Adult Daycare Provision for People with a Learning Disability. Why choose us?**

**No Social Barriers** Greenscape is an award winning Charitable Social Enterprise based in Ashton under Lyne, providing gardening and grounds maintenance services within Tameside. The enterprise also offers BLOOM, purposeful day care for adults with mild to moderate learning disabilities and those with long term health problems.

**Keeping Fit** Our daycare model is unique as we offer individuals an opportunity to pursue their interests and discover their abilities by engaging in activities such as digging, grass cutting, weeding, planting, pruning, hedge-cutting and other aspects of general garden maintenance, whilst participating in real work experiences. As well as helping to develop new skills and confidence, gardening is a great way to enhance wellbeing, both physically and mentally. Health benefits include;

- Better physical health through exercise - Regular energetic gardening provides the same positive health benefits as jogging or swimming.
- Improved mental health through a sense of purpose and achievement - Gardening is interesting and provides a variety of different tasks to perform as the seasons change.
- And after all that exercise and achievement ... A GOOD NIGHT'S SLEEP GUARANTEED!

**Great Teamwork** Day care associates work as close as possible to a real working day and are encouraged to take part and take pride in fulfilling activities which promote independence and a sense of achievement. Associates are well supported and supervised on site by an experienced team, led by a fully trained Chargehand. Associates are not expected to participate in activities which do not interest them or which are considered unsuitable following risk assessment, by the supervising Chargehand.

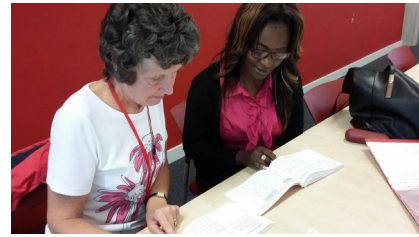
**Making Friends** The Greenscape team is renowned for being friendly and caring. Working alongside individuals with a range of abilities, Greenscape's friendly banter encourages new friendships and connections within an inclusive environment.



### **Do you know someone that is struggling to read and would benefit from our FREE reading sessions?**

Victoria one of our 'Read For Life' Learners, is continuing with our FREE Toe-By-Toe' Reading Programme, with the support from her Reading Mentor; Susan.

We wish Victoria the very best on her new venture of reading in English which she said she never would have been able to do without our support, with her being Portuguese!



### **Do your children see you and your partner arguing regularly? Have they seen or heard abusive or negative behaviour at home? Do you worry about how it may be affecting them?**

Join us at DAISY Chain, a FREE bespoke parenting course for mums affected or concerned about domestic abuse.

### **Do you have children aged 2 - 4 years?**

Little Leaps Pre-School is now offering 3 hour AM or PM sessions for just £10.00. We are also offering FREE Nursery Education for eligible 2, 3 & 4 year olds. Call in today to have a look around!



Little Leaps  
Pre-School



FREE settling in sessions  
available now!

**"Thank you for the brilliant support, I could not have asked for more."**

**(Child returned to Mum's care, following 11 months in local authority care, with the help of LEAP).**

Are you a mum with children being looked after by someone else? Would you like to talk to other mums who may be experiencing similar feeling and emotions to you? Join us at MAGPIES, FREE weekly sessions that offer information, and support to help you get back on track as a parent.

**'Flourishing Friends' Helping Children get ready for School.**

Would you like to meet new friends? Have fun? Play and Learn?

We are running FREE sessions during the October School Holidays for Children aged 2.5 - 4 years and their parents focusing on language, communication and social skills.