



# Nottinghamshire County Council

## Wearing of Goggles/Glasses During School Swimming

January 2011

Dear Parent/Carer,

It is the recommendation of the Schools' Swimming Service that children who wish to wear goggles/ glasses during school swimming lessons can do so providing the parent/ carer sign the attached disclaimer and ensure the guidelines are followed.

- **THE AIM OF SCHOOL SWIMMING SERVICE IS TO TEACH CHILDREN WATER SAFETY.** If a child is in a dangerous situation in open water it is very unlikely that they will be wearing goggles, it is therefore necessary to practise without goggles during the course of the school swimming sessions.
- During the school swimming program **DIVING SHOULD BE UNDERTAKEN WITHOUT THE USE OF GOGGLES** however, as the pupils become competent in diving then practise with goggles may take place providing the tuition is undertaken by a fully qualified ASA / STA Level 2 Swimming Instructor.
- **GOGGLES CAN BE WORN AT GALA'S** providing the parents/ carers are confident that their son/ daughter have received adequate training from a qualified member of staff in the use of goggles during diving and have signed the attached disclaimer.
- Goggles however, are not considered a necessity for school swimming, but can be worn if the attached disclaimer is signed.
- The use of prescription goggles is acceptable providing an individual risk assessment is carried out and the attached disclaimer is signed.

Some goggles are only suitable for competition swimming, diving and sub-aqua work. Advice should be sought before purchasing goggles as ill fitting goggles can equally be a hazard. The purchase of junior goggles is recommended to parents (although they may appear small to people that are unfamiliar with goggles) they create a better seal.

