

Headline:

In July, the Department for Education produced new advice for parents on cyberbullying. Here is a summary of that advice.

Cyberbullying is bullying that takes place using technology. Whether on social media sites, through a mobile phone, or gaming sites, the effects can be devastating for the young person involved.

There are ways to help prevent a child from being cyberbullied and to help them cope and stop the bullying if it does happen. Parents and carers need to be aware that most children have been involved in cyberbullying in some way, either as a victim, perpetrator, or bystander.

By its very nature, cyberbullying tends to involve a number of online bystanders and can quickly spiral out of control. Children and young people who bully others online do not need to be physically stronger and their methods can often be hidden and subtle.

Young people routinely access social media and much of their social lives are online. This can create a false sense of security; for example chatting online feels different from chatting face to face. It can be easier to say and reveal things that wouldn't be said face to face; be cruel, aggressive or flirtatious.

It is important for young people to remember that there are offline consequences to online behaviour. Comments intended to be funny can often be misinterpreted online whereas if said face to face they could be acceptable as facial expressions, body language, tone of voice and context all help to ensure that comments are taken the right way. This is not the case online.

We also know that increasingly younger children are signing up to

social network sites and may not have the maturity to handle their online identity in a safe and responsible way. Social networking can increase existing social pressures and reinforce a sense of isolation; for instance by people purposefully not liking a young person's status update or photo so they seem unpopular, or by excluding them from group chats. Online bullying often involves a large audience and this increases the pressure.

Parents and carers need to understand the way young people communicate with others, and the potential risks. Asking your child simply not to use technology is not a realistic way to prevent or react to cyberbullying.

Parents and carers have a challenging job. You need to know what your children are doing online and help them to do it in a safe way. With technology changing on a day-to-day basis, the best way to stay informed is for parents to be involved. The 'Thinkuknow' website provides helpful tips on letting your child teach you.

In school, we teach being safe online every time we use technology. The children learn about cyberbullying as part of their PSHE work. Mr Chantler is our e-safety co-ordinator. It is his responsibility to investigate any issues or concerns and discuss these with parents or carers if appropriate.

Mr Carthy
Head Teacher

News

IQ Christmas Cards

Children have been given the opportunity to design Christmas cards in class and they will be bringing them home today. All the information about ordering etc is on the reverse of the card. Please return orders - cards and money - in an envelope by next Friday - Friday 6th October.

Coming Soon

Junior Harvest Festival
Tuesday 3rd October

Parent Consultation Appointments confirmed
Friday 6th October

Grandparents Event
Tuesday 10th October, 3pm

School Nurse Drop in Session
Wednesday 11th October 9.15am - 12.15pm

FS2 Parents invited to visit the classrooms
Tuesday 17th October, 2.55pm to 3.20pm

Parents Consultation Evenings
Tuesday 17th October and Thursday 19th October, 3.30pm - 7pm

Blue Tag Day
Friday 20th October

Term Dates 2017/18

Term 1
Tuesday 5th September 2017
until
Friday 20th October 2017

Term 2
Tuesday 31st October 2017
until
Tuesday 19th December 2017

Term 3
Monday 8th January 2018
until
Friday 9th February 2018

Term 4
Monday 19th February 2018
until
Thursday 29th March 2018

Term 5
Monday 16th April 2018
until
Friday 25th May 2018

Term 6
Tuesday 5th June 2018
until
Wednesday 25th July 2018

Uniform

A navy blue jumper, sweatshirt or cardigan.
Navy, black or grey trousers, tailored shorts, skirt or dress/navy and white checked dress. A white or blue polo shirt, shirt or blouse. Flat plain black shoes or trainers (no heels or open toes).
www.tesco.com/ues



The Westbrook Trust
Achieve together

Reception Open Meeting for Prospective Parents 2018/ 19

We will be holding an open morning on Thursday 5th October between 09:30 – 12:00 and an open evening on Tuesday 14th November at 18:00 for parents/ carers of children starting school in September 2018. Parents/ carers will be able to book a half hour slot on Thursday 5th October where they can come into school for a tour of our unit and a chat with practitioners. On Tuesday 14th November this will take place at 18:00. Parents/ carers may book to visit us by phoning the school office (01634 852981) or popping in to make an appointment. If, however, you cannot make either of these sessions or have any further questions following one of them, please do not hesitate to contact us to make further arrangements to discuss questions or make an alternative appointment to visit.

Harvest Festival

Please send in donations of tinned, packeted and fresh goods for our Harvest Festival on Monday 2nd October so that we can transport it all up to the church before the service. Thank you in anticipation.

Our Junior Harvest Festival celebration will take place at St Augustine's Church, Rock Avenue on Tuesday 3rd October at 9.30am. Children in Years 3-6 will be attending this service. Parents are welcome to attend, but please bear in mind that there may be limited space.

Foundation Stage End of First Term Open session for Parents

On Tuesday 17th October, between 3pm and 3.20pm, parents of Year R children are invited into school to visit the classrooms and share favourite stories.

Space is limited in live classrooms therefore we request a maximum of two persons per child to arrive at 2.55pm to sign in.

Grand Parent Event

Following its success last year, we are inviting grandparents to visit their grandchildren in school from 3pm on Tuesday 10th October.

Any grandparents interested should come to the main office via the Byron Road entrance. From here you will be escorted to your grandchild's classroom.

School Nurse Drop-in Session

On Wednesday 11th October parents who wish to have a conversation with the School Nurse about any health issues affecting their child are invited to make an appointment – just give the School Office a call.

Reminders

Pound Coins

The 'old' style pound coins will no longer be legal tender after Friday 15th October. Due to banking schedules we will only be able to accept them in school up until MONDAY 10th OCTOBER.

Health & Wellbeing

Head Lice

Official guidance from Public Health England states that children do not need to be kept away from school when they have head lice, but that treatment is recommended in cases where live lice have been seen. Any absences related to children being kept at home for treatment will be considered unauthorised.

Head lice are tiny insects that live in hair - common in school children aged 4-11 - largely harmless, but can be irritating and frustrating to deal with. They can't fly, jump or swim and very unlikely to be spread by hats, combs and pillows, don't have a preference for dirty, clean, short or long hair. They only affect people and can't be caught from animals.

To use the wet detection method:
Wash the hair with ordinary shampoo then apply plenty of conditioner. Use an ordinary, wide-toothed comb to straighten and untangle the hair. Once the comb moves freely through the hair without dragging, switch to the louse detection comb. Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp. Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time – remove lice by wiping or rinsing the comb. Work through the hair, section by section, so that the whole head of hair is combed through. Do this at least twice to help ensure you haven't missed any areas. Continue until you find no more lice. It is best to check all members of the family. Repeat regularly.

Pat on the Back

The class with the best attendance for last week was FS2M with a 100%. FS2D had no late pupils and 98% of children arrived on time.

Inclusions this week

- Y6 Wales trip letter and forms
- Year 1 and 2 Walk Around the Local Area Permission Letter
- Admission to Secondary School – On-line Application Information Flyer
- IQ Christmas Card Design
- The Lion Who Came for Christmas Flyer

This school is committed to safeguarding and promoting the welfare of children, achieving equal opportunities and combating discrimination

Head Teacher: Mr Carthy

Deputy Heads: Mrs Langthorne (4-7 year olds) and Mr Chantler (7-11 year olds)

Family Liaison Officer: Mrs Vella

Inclusion Manager: Mrs Hill

This school operates a very clear whistleblowing policy for staff