

Broad Hurst Primary Menu - Week 1

Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Meal Choice 1: (Halal & Vegetarian equivalent available where required)	Quorn & Vegetable Pie	Baked Sausages & Onion Gravy	Southern Style Chicken	Homemade Lamb Curry	Mediterranean Hoki Fillet
Meal Choice 2:	Cheese Whirl with Homemade Tomato Sauce	Spanish Omelette	Chickpea & Potato Curry	Shepherdess Pie	Pasta with Tomato & Mascarpone Sauce
Meal Choice 3:	Jacket Potato with a Choice of Filling	Pasta with Tomato & Herb Sauce	Mediterranean Shells	Filled Roll Selection	Jacket Potato with a Choice of Filling
Accompaniments:	Chipped Potatoes	Creamed Potatoes or Sliced Baguette	Sunshine Vegetable Rice	Sliced Malted Bloomer Or Naan Bread	Roast Potatoes
	Mixed Vegetables	Cabbage & Carrots	Sweetcorn Salsa	Beetroot & Carrots	Broccoli
Freshly prepared salad available daily with all meal choices					
Second Course:	Peach Melba	Fruit or Yoghurt	Fruit or Yoghurt	Fruit Salad with Mango Frozen Yoghurt	Fruit or Yoghurt
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				