

Broad Hurst Primary Menu - Week 3

Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Meal Choice 1: (Halal & Vegetarian equivalent available where required)	Homemade Margherita Pizza	Minced Beef Hotpot	Chilli con Carne	Homemade Chicken Curry	Cod & Salmon Grill & Lemon Mayo Dip
Meal Choice 2:	Veggie Chilli Con Carne	Pasta with Bolognese Sauce	Hoki Fillet in Homemade Sauce	Vegetarian Sausage Roll & Homemade Tomato Sauce	Cheese Omelette
Meal Choice 3:	Pasta with Tomato & Herb Sauce	Filled Sandwich Selection	Jacket Potato with a Choice of Fillings	Pasta with Tomato & Mascarpone Sauce	Jacket Potato with a Choice of Fillings
Accompaniments:	Baked Jacket Wedges	Sliced Baguette	Vegetable Brown Rice or Garlic Flavoured Bread	Chipped Potatoes Or Brown Rice	Creamed Potatoes
	Mini Corn on the Cob	Beetroot & Carrots	Peas & Sweetcorn	Mixed Vegetables	Carrots & Green Beans
Freshly prepared salad available daily with all meal choices					
Second Course:	Chocolate Arctic Roll & Fruit Cocktail	Fruit or Yoghurt	Fruit or Yoghurt	Strawberry & Kiwi Mousse	Fruit or Yoghurt
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				