

Power of Parenting Programme

Come along and have a cuppa and a chat with other parents in an informal, supportive and relaxed atmosphere.

Being a parent is one of the toughest jobs in the world.

Parents are teachers, carers, guides, leaders, protectors, providers and motivators for their children.

POPP aims to build on parenting skills, increase confidence and further develop strategies to guide, nurture and encourage positive behaviours in children.

Parents, extended family members and friends are all welcome to take part in POPP.

As parents we often call upon extended family members and close friends for support in caring for our children.

Children learn very quickly how to play one adult off against the other so it is important to have a consistent approach towards behaviours that challenge.

If you are interested in taking part in POPP, you can book a place by completing a reservation slip which are available at the main office.

POPP consists of 3 sessions and is lead by
Jackie Harris & Carmel Perry
Learning Mentors

Spring Term 2018

Session 1	Wednesday 28th February	1.30—3pm
Session 2	Wednesday 7th March	1.30—3pm
Session 3	Wednesday 14th March	1.30—3pm

Over the past 2 years POPP has grown in popularity with 134 people accessing sessions. Here are just a few comments from those who have taken part.

Attending POPP prompted us to make changes to how we deal with challenging behaviours at home. I'd like to take part in future courses to support my child's wellbeing and would recommend POPP to other parents.

Y3 Parent

A very friendly course and a real eye opener. It's helped a lot with communication and the way to speak to our children, we are a lot calmer and happier at home.

Y5 Parent

I felt reluctant to attend POPP, I thought I might have been made to feel intimidated and a failure as a parent, in fact it has been completely the opposite, it has been a breath of fresh air and very informative.

Reception Parent

The course has helped me change my approach to my child's challenging behaviour, I now understand that my child struggles to explain their feelings and expresses them through their behaviour.

Y1 Parent

Inside Story Headline



Caption describing picture or graphic.

“To catch the reader’s attention, place an interesting sentence or quote from the story here.”

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed inter-

nally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile new employees or top customers or

vendors.

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you’re trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which

you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.



Caption describing picture or graphic.

Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a

special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publish-



Caption describing picture or graphic.

er offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.

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Knowsley MBC

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4
Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com

Your business tag line here.



This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names

of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.