

**TEDDER C P SCHOOL**  
**Autumn Term**  
**6<sup>th</sup> – 10<sup>th</sup> November**

Name ..... Class .....

<b>Monday</b>		<b>Tick</b>
Main	Chicken in a tomato & basil sauce served with basmati rice & broccoli	
Main (V)	Vegetable risotto served with a curry sauce & broccoli	
Bread	Tuna roll, fruit, yoghurt, cake or cookie	
Dessert	Brownie & sauce	
Dessert	Fruit	
Dessert	yoghurt	

<b>Tuesday</b>		<b>Tick</b>
Main	Lasagne served with new potatoes & peas	
Main (V)	Sweet potato, spinach & mozzarella tart served with new potatoes & peas	
Bread	Ham sandwich, fruit, yoghurt, cake or cookie	
Dessert	Homemade cookie	
Dessert	Fruit	
Dessert	yoghurt	

<b>Wednesday</b>		<b>Tick</b>
Main	Ham pizza served with potato waffle & sweetcorn	
Main (V)	Cheese & tomato pizza served with potato waffle & sweetcorn	
Bread	Turkey mayonnaise wrap, fruit, yoghurt, cake or cookie	
Dessert	Lemon roly poly & custard	
Dessert	Fruit	
Dessert	yoghurt	

<b>Thursday</b>		<b>Tick</b>
Main	Roast chicken, stuffing served with roast potatoes & carrot & peas, gravy	
Main (V)	Quorn nuggets, stuffing served with roast potatoes & carrot & peas gravy	
Bread	Chicken tikka baguette, fruit, yoghurt, cake or cookie	
Dessert	Krispy cake	
Dessert	Fruit	
Dessert	yoghurt	

<b>Friday</b>		<b>Tick</b>
Main	Breaded salmon fingers served with a jacket potato & baked beans	
Main (V)	Vegetable samosa served with a jacket potato & baked beans	
Bread	Cheese roll, fruit, yoghurt, cake or cookie	
Dessert	Strawberry whip & a mini short bread	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	<b>Total Meals :</b> <b>Cost per Meal :£2.30</b> <b>Total Amount :£</b>
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Please return this form and payment by

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**Please complete and detach this section and keep for your records (Parent's Copy) 6<sup>th</sup> November**

<b>Monday</b>			<b>Tuesday</b>			<b>Wednesday</b>			<b>Thursday</b>			<b>Friday</b>		
M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y