



SCHOOL DINNERS

Autumn 2017 to Spring 2018

From 30th October 2017 to 29th March

September 2017

Dear Parents,

Can you please select, with your child, from the "Pupils Choice" menu listed overleaf their dinner choices for the weeks during the Autumn term until the 29th March 2018 which will continue on a rolling system. The cost per meal is £2.40 which equals £12.00 per week for children from Year 3 through to Year 6. For Nursery children the cost per meal is £2.30 which equals £11.50 per week. Children from Reception to Year 2 are entitled to Universal Free School Meals. Unless you are entitled to a Free School Meal, payment must be made in advance. Application forms for a free school meal are available from the school office.

Please can you clearly cross through the box to indicate what your child would like each day, you can mix it up if you want by choosing hot dinners on some days, school provided packed lunch on others. Vegetarian dinners are marked with a (V). We are able to offer the Fun Day Friday option but meals will have to be taken every Friday.

All meals come with a choice of potatoes, pasta, rice, salad and vegetables, followed by a variety of desserts (these can be chosen on the day and vary from day to day). You can guarantee your child will have a balanced meal. I would like to take this opportunity to remind you that a school meal must be taken for the whole week and two weeks notice must be given in writing to the office to change either to or from school dinners or bought in packed lunch. If you require your child to have a school provided meal this form needs to be completed and returned to the school office no later than Friday 6th October 2017.

Yours sincerely,

Jon Hood
Headteacher

To Cowley Hill School [Please complete and return]

Autumn 2017/18 Menu

Childs Name: Class:

Week 1

w/c: 30th Oct, 20th Nov, 11th Dec, 3rd Jan, 22nd Jan, 19th Feb, 12th Mar

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Fun Day Friday</u>
1	Sweet Chilli Chicken Tortilla	Sausages	Roast Chicken	Beef Bolognaise	Fish Bites
2	Vegetable Stir Fry (V)	Savoury Quiche (V)	Roast Quorn fillet (V)	Cheese Pinwheel (V)	Cheese and Tomato Pizza (V)
3	Jacket Potato	Cheesy Pasta Bake (V)	Jacket Potato	Jacket Potato	Jacket Potato
4	Tuna Baguette	Chicken Roll	Cheese Baguette	Ham Roll	Egg Roll

Week 2

w/c: 6th Nov, 27th Nov, 18th Dec, 8th Jan, 29th Jan, 26th Feb, 19th Mar

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Fun Day Friday</u>
1	Chicken and Tomato Pasta Bake	Burger in a Bun	Roast Pork	Minced Lamb Slice	Fish Finger Wrap
2	Quorn Nuggets (V)	Macaroni Cheese (V)	Vegetarian Roll (V)	Jacket Potato and Baked Beans (V)	Cheese and Tomato Pizza (V)
3	Jacket Potato	Jacket Potato	Jacket Potato	Italian Pasta Bake	Jacket Potato
4	Cheese Baguette	Ham Roll	Egg Roll	Tuna Baguette	Chicken Roll

Week 3

w/c: 13th Nov, 4th Dec, 15th Jan, 5th Feb, 5th Mar, 26th Mar

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Fun Day Friday</u>
1	Pork Grills	Lasagne	Roast Beef	Traditional Chicken Pie	Bubble Coated Fish
2	Cheese slice (V)	Vegetable Cobbler (V)	Vegetable Burrito (V)	Quorn Hot Dog (V)	Cheese and Tomato Pizza (V)
3	Italian Pasta Bake	Jacket Potato	Jacket Potato	Tuna Pasta Bake	Jacket Potato
4	Tuna Baguette	Egg Roll	Chicken Roll	Cheese Roll	Ham Baguette

All meals come with extras such as roast potatoes, roast veg, rice, salad, green veg, followed by a variety of desserts (these can be chosen on the day).

Option 3 - Jacket Potatoes comes with a choice of fillings.