



*A Community Where We Live, Learn and Laugh Together in God's Love*

St Mary's Catholic Primary School  
Halifax

Little book of  
School Prayers



A note to parents

**Children learn what they love**

If a child lives with criticism he learns to condemn.

If a child lives with hostility  
he learns to fight.

If a child lives with ridicule he learns to be shy.

If a child lives with shame  
he learns to feel guilty.

If a child lives with tolerance he learns to be patient.

If a child lives with encouragement  
he learns to be confident.

If a child lives with praise he learns to appreciate.

If a child lives with fairness  
he learns justice.

If a child lives with security he learns to have faith.

If a child lives with approval  
he learns to like himself

If a child lives with acceptance and friendship he learns to find love in the  
world.

# Morning Prayer

Father in heaven, you love me,  
You are with me night and day.

I want to love you always

In all I do and say.

I'll try to please you, Father,

Bless me through the day.

Amen

# Night Prayer

God our Father, I come to say  
Thank you for your love today.

Thank you for my family  
And all the friends you give to me.  
Guard me in the dark of night  
And in the morning send your  
light.  
Amen.

## **Grace before meals**

Bless us, O God as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us. O God. Amen.

## **Grace after meals**

Thank you, God, for the food we  
have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything.

Thank you, God. Amen.

## Act of Contrition

O my God, because you are so good,  
I am sorry that I have sinned  
against you  
And with your help I will not sin  
again.  
Amen.

## Prayer to the Holy Spirit

Holy Spirit, I want to do what is  
right,  
Help me.  
Holy Spirit, I want to live like Jesus.  
Guide Me.  
Holy Spirit, I want to pray like  
Jesus.  
Teach me.

# Hail Mary

Hail Mary, full of grace.

Our Lord is with thee.

Blessed art thou among women,  
And blessed is the fruit of thy  
womb, Jesus.

Holy Mary, Mother of God, pray for  
us sinners,

Now and at the hour of our death.

Amen.

# Our Father

Our Father, Who art in heaven  
Hallowed be Thy Name;  
Thy kingdom come,  
Thy will be done, on earth as it is in  
heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.