



Pikes Lane Primary School Intimate Care Statement of Practice

LEADING SCHOOL | LEARNING SCHOOL | INCLUSIVE SCHOOL | HEALTHY SCHOOL | EXTENDED SCHOOL | REFLECTIVE SCHOOL

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Linked Governor Sub Committee: Health and Wellbeing Committee

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1. Definition

Intimate personal care includes hands on physical care in personal hygiene, and physical presence or observation during such activities.

Intimate personal care tasks can include:

- Body bathing other than to arms, face and legs below the knee
- Toileting, wiping and care in sensitive areas
- Dressing and undressing
- Application of medical treatment, other than to arms, face and legs below the knee

2. Early Years Foundation Stage

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

For a variety of reasons children in the EYFS may:

- be fully toilet trained
- have been fully toilet trained but regress for a little while in response to the stress and excitement of beginning in the Early Years Foundation Stage
- be fully toilet trained at home but prone to accidents in new settings
- be on the point of being toilet trained but require reminders and encouragement
- not be toilet trained at all but likely to respond quickly to a well structured toilet training programme
- be fully toilet trained but have Special Educational Needs
- have delayed onset of full toilet training in line with other development delays, but will likely master these skills during the EYFS
- have Special Educational Needs and might require help (during the EYFS and beyond) with all or some aspects of personal care such as washing, dressing or toileting
- have a temporary impairment and might require help with all or some aspects of personal care such as having a limb in plaster

3. Procedures

In intimate care situations, the child's safety, dignity and privacy are of paramount importance. Children requiring intimate care will be treated respectfully at all times.

EYFS staff who provide intimate care do so in a professional manner. Staff are aware of safeguarding issues and have relevant training (eg: health and safety, child protection, manual handling) before providing intimate care. No child should suffer distress or pain as a result of receiving intimate care.

Staff encourage children to do as much for themselves as they can.

In order to help the children to become aware of their bodily needs and respond to them in time, those who wish to go to the toilet are always allowed to go, although they are encouraged as they progress through the school to use the toilet during lunch times and before beginning tasks and activities.

At Pikes Lane, children have access to their own bathroom area with toilets, hand basins, access

to soap and warm water, paper towels and a hand dryer. Personal Protective Equipment (PPE) is provided and staff must wear disposable aprons and gloves when they are required to help a child who has soiled/been sick.

In Pre-School, staff routinely change nappies and/or pull ups. In Nursery and Reception if a child does soil him/herself a member of staff will contact parents/carers to come to school to change their child or take them home, as appropriate.

The following procedures relate to Pre-School specifically.

Clothes and nappies

We ask parents to provide nappies or pull ups as well as wipes. These should be sent in a bag clearly marked with the child's name, along with some spare clothes.

Staff

Everyone has a responsibility for changing children promptly. The Key Person will usually change their own group of children in Pre-School. In the absence of a member of Pre-School staff, the other member of regular Pre-School staff would change all of the children as a temporary measure, due to the relationship with the children and parents. Pre-School staff will ensure children are changed at least once during their session.

Hygiene

Staff wear disposable gloves and aprons when changing children. Pre-School staff maintain high standards of personal hygiene, and will take all practicable steps to prevent and control the spread of infection. Nappies or pull ups are disposed of in the specific nappy bin. Wet/soiled clothes are bagged and hung on children's pegs to take home. Children are also encouraged to wash their hands thoroughly after being in the bathroom, whether using the toilet or having their nappy changed.

Recording

A nappy changing book is kept within the Pre-School class and staff must record when children are changed. This is useful to share information with parents as well as to support the toilet training process.

Parents

When toilet training children we have high expectations and approach the whole subject in a calm and non-blaming way. Little attention is given to continual wetting or soiling and positive reinforcement given when the child manages to use the toilet or stay dry. Simple explanations are given to the child about why it is so good to stay clean and dry. These principles can be shared with parents who may need support in this area. We would hope to talk about any or all aspects of toilet training with parents at all stages to keep them fully informed about progress or concerns at school.

In compiling this Statement of Practice, due consideration has been paid to the Ofsted guidance '*Records, policies and notification requirements of the Early Years Register*' – January 2013. This Statement of Practice also supports the safeguarding and welfare requirements of the Statutory Framework for the Early Years Foundation Stage.