

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chilli Chicken	Pasta and Meatballs	Cheese & Tomato Pizza	Roast Chicken with stuffing and gravy	Baked Fish Fingers
<b>Vegetarian &amp; Halal</b>	Vegetable Chilli	Pasta and Quorn Meatballs		Quorn Fillett with stuffing and gravy	
<b>Dessert</b>	Homemade Flapjack	Creamy rice pudding	Cherry crumble with custard	Banana Cake	Vanilla Ice Cream
<b>Fork Mashed or Soft Chopped</b>	Vegetable Chilli	Pasta & Steamed Quorn Meatballs	Steamed Fish	Steamed Quorn Fillet	Steamed Fish Fingers
<b>Smooth Puree</b>	Pureed Vegetable Chilli	Pureed Pasta	Pureed Steamed Fish	Pureed Steamed Quorn	Pureed Steamed Fish Fingers
<b>Intolerances/Dietary Needs</b>	Lactose Free Vegetable Chilli	Pureed Quorn burger	Steamed Fish	Veggie burger	
<b>Daily Vegetables/Side Dish</b>	Rice Cauliflower Peas	Broccoli Mixed Vegetable Garlic Bread	Baked Beans Coleslaw Half Jacket Potato	Carrots Cauliflower/Broccoli Mashed Potato	Baked Beans Chips
<b>Daily Extras</b>			Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots	Gravy Bean Sauce Parsley Sauce Bread	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Fillet with Sweet Peppers & Paprika	Baked Beef Sausage with mini yorkshire puddings and gravy	Cheese & Tomato Pizza	Homemade Chicken & Vegetable pie	Baked Fish Fingers
<b>Vegetarian &amp; Halal</b>	Quorn Fillet with Sweet Peppers & Paprika	Baked Quorn Sausage with mini yorkshire puddings and gravy		Vegetable Pie	
<b>Dessert</b>	Apple Sponge	Date slice and custard	Chocolate sponge with choc sauce	Sponge	Strawberry ice cream
<b>Fork Mashed or Soft Chopped</b>	Steamed Quorn Fillet with Sweet Peppers & Paprika	Steamed Quorn Sausage and gravy	Steamed Fish	Vegetable Stew	Steamed Fish Fingers
<b>Smooth Puree</b>	Puree Quorn Fillet with Sweet Peppers & Paprika	Pureed Quorn Sausage and gravy	Pureed Fish	Pureed Vegetable Stew	Pureed Fish Fingers
<b>Intolerances/Dietary Needs</b>	Pasta	Vegetable Burger	Steamed/Pureed Fish	Lactose Free Vegetable Stew	Fish Fingers
<b>Daily Vegetables</b>	Cauliflower Mixed Vegetables Rice	Carrots Swede Mashed Potato	Baked Beans Coleslaw Half Jacket Potato	Broccoli Carrots Roast Potatoes	Baked Beans Chips
<b>Daily Extras</b>	Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots Gravy Bean Sauce Parsley Sauce Bread				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Kerala Curry & Naan Bread	Cheese Flan	Beef Burger in a bap	Chicken Fillet and BBQ Sauce	Baked Fish Fingers
<b>Vegetarian &amp; Halal</b>	Vegetable Kerala Curry & Naan Bread		Vegetable Burger in a bap	Quorn Fillet and BBQ Sauce	
<b>Dessert</b>	Chocolate Brownie	Fruit cocktail	Apple shortcake and custard	Steamed ginger sponge and custard	Chocolate ice cream
<b>Fork Mashed or soft chopped</b>	Vegetable Kerala Curry & Naan Bread	Cheese Omelette	Steamed Vegetable Burger in a bap	Steamed Quorn Fillet and BBQ Sauce	Steamed Fish Fingers
<b>Smooth Puree</b>	Pureed Vegetable Kerala Curry & Naan Bread	Plain Omelette	Pureed Vegetable Burger	Pureed Quorn Fillet and BBQ Sauce	Pureed Fish Fingers
<b>Intolerances/Dietary Needs</b>	Steamed/Pureed Quorn Sausage	Pasta	Vegetable Burger	Vegetable Stew	Fish Fingers
<b>Daily Vegetables</b>	Mixed Vegetables Cauliflower Rice	Broccoli Carrots	Sweetcorn Baked Beans Jacket Potato Wedges	Diced Potatoes Cauliflower Mixed Vegetables	Baked Beans Chips
<b>Daily Extras</b>	Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots Gravy Bean Sauce Parsley Sauce Bread				

**WOOLLEY WOOD SCHOOL MENU**