

Newsletter October 2017

Break times

All pupils in Reception, Year 1 & 2 are provided with a fresh piece of fruit or vegetables daily. All our pupils are encouraged to try this healthy snack. If you wish to give your child an additional snack e.g. extra fruit, vegetables or cheese please feel free to do so. We prefer children not to eat chocolate or sweets during break time, in line with the Healthy Schools initiative. We currently have one child who has a severe allergy to peanuts, please could I ask you wherever possible not to send in any food containing peanuts, thank you.

Wellington Boots

During the autumn and winter months it is advisable for children to bring a pair of wellington boots into school. There is a wellington boot rack outside every class for storage. Once the weather changes over the next few weeks those children without boots will not be able to play on the playing field if it is wet.

Swimming

For those children who will be swimming this term a swimming hat is required, girls must wear a full swimming costume, no bikinis are allowed and if possible can hair be tied back. Next week is the last swimming lesson for years 2 & 3. Swimming/P.E. restarts on Friday 10th November for years 4-6

Medicines

Staff are not permitted to administer medicine without written consent, there is a consent form in the school office, please ask if you need one. Please note if your child is ill due to sickness or diarrhoea the advice from the school nurse is that children should not return to school until 48 hours after their last episode of vomiting or diarrhoea. If your child has an inhaler, please inform the school so we can work together with your child to help him/her to be responsible for his/her own inhaler. We also need to have a Health Care Plan for all children who have medication in school.

When your child is ill and remains at home we ask that you telephone to inform us, please make sure you let Mrs Sayer know by 9am.

Change of menu this week

Tuesday 17th

Macaroni cheese or sausage roll served with diced potatoes, sweetcorn and green beans followed by chocolate fudge cake.

Wednesday 18th

Roast pork or quorn fillets served with stuffing, roast potatoes, sweetcorn and green beans followed by jam sponge and custard.

Thursday 19th

Battered fish & chips or cheese and potato pie served with peas and baked beans followed by juice and a biscuit.

The menu changes next half term, a paper copy is being sent home today with your eldest child

Diary Dates

19th October Year 6 liaison morning at Debenham High School

20th October PD Day

23rd-27th October-4th half term

2nd November cross country run

6th November Flu nasal sprays for years reception, 1, 2 & 3, 4

8th November Football at Hartismere (boys)

23rd November Individual photographs

1st December PTFA Winter Fayre

5th December Netball

6th December Years 2-6 Wolsey Panto trip.

7th December Reception and year 1 to Wolsey theatre to see @Who Said the Owl'.

***Advanced warning there is a charge for the tickets on both Wolsey trips, this is £10 per ticket for Years 2-6 and £5 per ticket for Year 1 and reception.**

14th December Christmas Lunch

19th December last day of term

3rd January 2018 PD day

4th January term starts

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