

2017 - 2018 Curriculum Overview

	Year 3		Year 4		Year 5		Year 6	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
Autumn 1	Dance techniques	Orienteering (Team building)	Swimming	Tag Rugby	Samba Dance	Football	Dance-Viking Dance	Hockey
Autumn 2	SHA	Kicking and dribbling	Swimming	Gymnastics	SHA	Orienteering	SHA	Tag Rugby
Spring 1	Gymnastics	Throwing and catching	Swimming	Dance I Moves (Broadway)	Gymnastic	Basketball	Gymnastics	Netball
Spring 2	Benchball	Kwik Cricket	Swimming	Netball	Volley Ball	Tennis	Badminton	Danish Long Ball
Summer 1	Egyptian Dance Freestyle	Athletics	Swimming	Athletics	Tchoukball	Athletics	Dance-(Thriller dance)	Athletics
Summer 2	Gymnastics	Rounders	Swimming	Rounders	Dance	Kwik Cricket	Circuit training	Rounders/ Kwik Cricket

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Gymnastics

Year 3 - Compare, Contrast, Judge, Improve their own work.

Weight on hands

Twisting, spinning, turning-use to link sequences.

Partner work - Balances and travelling

Partner work - rolling and jumping

Year 4 - Compose and perform. Evaluating quality of their own and others movements to help improvement.

Control and accuracy

Match, Mirror,

Rotating around different axis.

Year 5 - Evaluate using agreed criteria

Asymmetry and Symmetry

Year 6 - Suggest constructive ways of making improvements using technical and compositional criteria.

Counter Balance

Pairs work or small group work - creating different performance patterns

Adapt sequences to different apparatus layout

Rotating around different axis.