



Parent 2 Parent Anti –Bullying Ambassadors

The aim of our group is to support Parents/Carers/Grandparents whose children could be having issues with bullying.

- ❖ Maybe you don't know who to talk to
- ❖ Maybe English is not your first language
- ❖ Maybe you don't have the confidence to speak to school staff

ANTI – BULLYING AMBASSADORS ARE HERE TO HELP

We will:

- ❖ Make Parents aware of how to report bullying and who to report it to
- ❖ Discuss strategies to prevent bullying
- ❖ Support Parents/Carers whose children are victims of bullying



Our Parent Ambassadors:

Kimberley Buglass
Abigail Higgins
Dawn Johnson
Jebun Nahar
Julia Wright
Emilia Ceschan-Potts

Parent 2 Parent have a drop in session each Wednesday from 9:15am to 10:15am in Valley Road School's community kitchen. Parents/Carers/Grandparents are welcome to call in and discuss any issues, ask questions or have a chat and a cuppa. If you would like any further information, please speak to the Parent Ambassadors or Carolyn Trueman in Valley Road School. You can also telephone Valley Road on 5537750 or send us a text on 441915800089.



What parents can do to help:

- ❖ Bullying destroys our confidence, so if your child is being bullied, work doubly hard to help them feel valued and important.
- ❖ Praise your child for telling you and reassure them that they have done the right thing in letting you know what is happening
- ❖ Speak to your child's class teacher, the school's Principal Debra de Muschamp or a Parent 2 Parent Ambassador if you have any further concerns

Bullying does not always happen in person. Cyber bullying is a type of bullying that happens online or through text messages and emails. Cyber bullying can be a frightening experience for both the child and the parent/carer.

- ❖ Make sure that your child accesses a computer in a safe shared space
- ❖ Remind your child to be careful what they post. If you wouldn't wear it on a t-shirt, don't post it.
- ❖ Suggest child friendly search engines such as Kiddle and kids Youtube
- ❖ Talk regularly and specifically with your children about online issues. Let them know they can come to you for help if anything is inappropriate,



PARENT



PARENT

Anti – Bullying
Ambassadors
are here for
YOU!