

# Brambles Hub Children's Centres

November & December 2017 Timetable








Berkshire Healthcare NHS Foundation Trust **NHS**

**Sure Start Children's Centres**  
Wokingham



v2

|   | <b>Brambles Children's Centre</b>  | <b>Finchampstead Children's Centre</b>   | <b>Red Kite Children's Centre</b>   |
|---|--|--|---|
| <b>Monday</b><br>     | <p><b>Ashridge Nursery Lunch Club 12.00-1.00</b><br/>Closed Group, runs every week day</p> <p><b>Midwife Appointments</b></p> <p><b>New time Child Health Clinic 9.15-11.45</b> 13th &amp; 27th Nov, 11th Dec<br/>BfN run a breastfeeding support drop-in as part of the clinic</p> <p><b>Health Reviews</b> Invite only</p> <p><b>Introducing Solid Foods 1.00-2.30</b><br/>2nd Monday of the month, book via Children's Centre reception</p> <p><b>Play &amp; Learn 0-5's 2.00-3.30</b></p>        | <p><b>Play &amp; Learn Drop-in 0-5's 9.00-10.30</b></p> <p><b>Preparing to Start Nursery 10.00-11.00</b> 6th Nov &amp; 4th Dec<br/>Drop-in for advice &amp; support with starting nursery, pre-school or childcare</p> <p><b>Relate Counselling 4.30-9.00</b> charges apply</p> <p>Would you like to know more about 2 year funding or accessing childcare? Call Nicky on 07769 960 257</p>  | <p><b>Midwife Appointments</b></p> <p><b>Play &amp; Learn Drop-in 0-5's 9.00-11.00</b></p> <p><b>Bumps &amp; Pre-Crawlers with Sensory Play 1.30-3.00</b><br/>No booking necessary, but please note that sessions can be busy</p>   |
| <b>Tuesday</b><br>   | <p><b>Midwife Appointments</b></p> <p><b>Play &amp; Learn 0-5's 9.00-10.30</b></p> <p><b>Preparing to Start Nursery 10.00-11.00</b> 14th Nov &amp; 12th Dec<br/>Drop-in for advice &amp; support with starting nursery, pre-school or childcare</p> <p><b>Speech &amp; Language Assessment Drop-in 9.30-11.00</b></p> <p><b>Bumps &amp; Pre-Walkers 1.30-3.00</b></p> <p><b>Messy Play 0-5's @ Wooshill Community Hall 9.15-10.30</b><br/>Emmview Close, RG41 3DA</p>                                | <p><b>Health Reviews</b><br/>Invite only</p> <p><b>Speech &amp; Language Assessment Drop-in 1.00-2.30</b><br/>3rd Tuesday of the Month</p> <p><b>Child Health Clinic @ Arborfield Community Centre 10.30-12.15</b><br/>7th November &amp; 5th December</p>   | <p><b>Midwife Appointments</b></p> <p><b>Professional Home Carers Group 9.00-10.30</b></p> <p><b>Family First Aid 21st November 12.30-2.30</b><br/>Charges apply, to book a place contact 0118 908 8181</p> <p><b>Introducing Solid Foods 2.00-4.00</b><br/>2nd Tuesday of the month, book via Children's Centre reception</p> <p><b>Speech &amp; Language Assessment Drop-in 1.00-2.30</b><br/>2nd Tuesday of the Month</p> <p><b>Chill Out 5.30-7.30 Closed Group</b> See reverse for details</p> |
| <b>Wednesday</b><br> | <p><b>Midwife Appointments</b></p> <p><b>Ready for School, Ready for Life 9.30-11.15</b> Invite only</p> <p><b>Family First Aid 1st November 12.30-2.30</b><br/>Charges apply, to book a place contact 0118 908 8010</p> <p><b>Play &amp; Learn 0-5's 1.30-3.00</b></p> <p><b>Wiggly Worms @ Bridges 10.00-11.30</b><br/>For Children on the ASD Spectrum or children waiting for a diagnosis see reverse for session dates<br/>Bridges Resource Centre, 109 Colemans Moor Road, Woodley RG5 4DA</p> | <p><b>Professional Home Carers Group 9.00-11.00</b><br/>Does not run on the 3rd Wednesday of the month</p> <p><b>Foster Carers Support Group 9.30-12.00</b><br/>Runs on the 3rd Wednesday of the month</p> <p><b>Relate Counselling 4.30-9.00</b> charges apply</p> <p><b>Soft Play 0-5's @ Arborfield Community Centre 9.30-11.00</b><br/>Princess Marina Drive RG2 9NN</p>   | <p><b>Midwife Appointments</b></p> <p><b>Health Reviews</b> Invite only</p> <p><b>New time Child Health Clinic 1.00-2.45</b><br/>8th &amp; 22nd November, 13th December</p>   |
| <b>Thursday</b><br> | <p><b>Midwife Appointments</b></p> <p><b>Health Reviews</b> Invite only</p> <p><b>Wiggly Worms 9.30-11.30</b><br/>For children on the ASD spectrum or children waiting for a diagnosis session runs every week</p> <p><b>Brambles Family Group 1.30-3.00</b> Invite Only</p>   | <p><b>Bumps &amp; Pre-Walkers 10.00-11.30</b></p> <p><b>Baby Massage 11.15-12.15</b><br/>Charges apply, see reverse for details. Session runs in the Training Room</p> <p><b>New time Child Health Clinic 1.00-2.45</b> 2nd &amp; 16th Nov, 7th &amp; 21st Dec<br/>BfN run a breastfeeding support drop-in as part of the clinic on the</p> <p><b>Health Reviews</b> Invite only</p> <p><b>Introducing Solid Foods 3.30-4.30</b><br/>23rd November, book via Children's Centre reception</p> | <p><b>Midwife Appointments</b></p> <p><b>Play &amp; Learn 0-5's 9.15-10.45</b></p> <p><b>Preparing to Start Nursery 10.15-11.15</b> 16th Nov &amp; 21st Dec<br/>Drop-in for advice &amp; support with starting nursery, pre-school or childcare</p> <p>Would you like to volunteer in one of our Children's Centres or access adult learning?<br/>Call Debbie on 07795 617 448</p>  |
| <b>Friday</b>   | <p><b>Midwife Appointments</b></p> <p><b>Adult Learning 9.30-11.30</b> Speak to a Family Worker for details</p> <p><b>Play &amp; Learn 0-5's @ Acorn Community Centre 9.30-11.00</b><br/>Fearnlea Drive, Wooshill RG41 3DR</p>   | <p><b>Twins Group 9.30-11.30</b> Parent Led</p> <p><b>Play &amp; Learn 0-5's 1.00-2.30</b></p>   | <p><b>Midwife Appointments</b></p> <p><b>BIBS - Prem &amp; Specialist Baby Group 1.00-3.00</b><br/>3rd, 17th &amp; 24th Nov</p> <p><b>Tea &amp; Tots @ Shinfield Rise Community Flat 9.00-11.00</b><br/>Invitation only<br/>36 Frensham Green, Reading RG2 8EH</p>  |
| <b>Saturday</b><br> | <p><b>Preparing for Birth 9.00-3.00</b><br/>2nd Saturday of the month Invite only, via Midwife</p> <p><b>Saturday Breakfast Club 0-5's 9.30-11.00</b><br/>11th November &amp; 9th December</p>   | <p><b>Baby Massage for Dads 10.00-11.00</b><br/>Charges apply, booking necessary.<br/>11th November &amp; 9th December</p> <p><b>Play &amp; Learn 0-5's 9.30-11.00</b><br/>18th November &amp; 16th December</p>   | <p><b>Christmas Closures</b></p> <p>Brambles Children's Centre: A Family Worker will be available for support on 27th, 28th &amp; 29th December, but no children's centre sessions will run.</p> <p>Finchampstead &amp; The Red Kite Children's Centres:<br/>Closed from Sat 23rd Dec to Mon 1st Jan<br/>Sessions resume from 2nd January 2018</p>  |

Please Note: All Wokingham Children's Centre sessions are for Wokingham Borough residents only. We are unable to offer sessions to out of borough residents.

## Brambles Hub Children's Centres

Our Family Workers provide support to local families in the community or in the home.

Our Family Workers can help with...

- Debt Management
- Access to food banks
- Housing
- Childcare
- Volunteering
- Postnatal depression & other mental health issues
- Two Year Funding
- Completing forms
- Parenting
- Referrals to other professionals
- Jobs/Career/Training
- Attending appointments
- Returning to work
- Counselling
- Breast Feeding


To speak to a Family Worker drop-in to a centre, telephone or email. We are here to help!

Children's Centre sessions are free of charge, unless otherwise stated.

**Brambles Children's Centre**  
Budges Gardens  
Wokingham RG40 1PX  
Telephone: 0118 908 8010  
Email: [brambleschildrenscentre@wokingham.gov.uk](mailto:brambleschildrenscentre@wokingham.gov.uk)

**Finchampstead Children's Centre**  
FBC Centre  
Gorse Ride North  
Finchampstead  
Wokingham RG40 4ES  
Telephone: 0118 908 8166  
Email: [finchampsteadchildrenscentre@wokingham.gov.uk](mailto:finchampsteadchildrenscentre@wokingham.gov.uk)

**The Red Kite Children's Centre**  
Chestnut Crescent  
Shinfield  
RG2 9EJ  
Telephone: 0118 908 8181  
Email: [theredkitechildrenscentre@wokingham.gov.uk](mailto:theredkitechildrenscentre@wokingham.gov.uk)

 Find us on Facebook! [www.facebook.com/wokinghamchildrenscentres](http://www.facebook.com/wokinghamchildrenscentres)  
visit our webpage  
[www.wokingham.gov.uk/children-and-families/childrens-centres/](http://www.wokingham.gov.uk/children-and-families/childrens-centres/)  
and follow the links to complete your free online membership form today!

**Brambles Hub Children's Centre Manager - Beccy Franklin 07824 835 828**

**Nicky Mears, Senior Family Worker - 07769 960 257**

**Debbie Sadiq, Senior Family Worker - 07795 617 448**

**Jane Fletcher, Family Worker - 07917 550 282**

**Libby Green, Family Worker - 07717 440 990**

**Annie Verlander, Family Worker - 07798 571 647**

**Kate Fudge, Family Worker - 07900 071 017**

**Kayona McHugh, Family Worker - 0118 908 8181**

**Ashley Scott, Family Worker - 07710 117 618**

## Play Sessions for 0-5's

**Play & Learn and Messy Play Sessions:** Friendly drop-in sessions for parents or carers with their children aged under five (please check session details for specific age range). Play, learn and grow together in this informal atmosphere. Activities could include messy play, themed session around a topical event or arts and crafts. Free of charge.

**Saturday Breakfast Club @ Brambles:** Breakfast and fun for adults with their children under 5, runs every 2nd Saturday of the month.

**Saturday Play and Learn @ Finchampstead:** For parents or carers with their children aged under 5, runs on the 3rd Saturday of the month.

**Twins Group @ Finchampstead:** A session for parents with twins or multiples under the age of 5 to get together, play, network and support each other. This is a parent-led session.

**Preparing to Start Nursery:** A drop-in session for advice and support with starting nursery, preschool or childcare. Early Years Advisors and Family Workers can offer tips and advice to help support you and your child. Just pop in for a chat!

## Baby & Pre-Walker Sessions

**Bumps & Pre-Walkers @ Brambles & Finchampstead:** Friendly drop in for pre-walkers and mums to be.

**Pre-Crawlers & Sensory Play @ Red Kite:** A fun drop-in sensory play session for pre-crawlers. Please note that the session can be very busy and limited space is available.

**BIBS @ Red Kite** - Has your baby spent time on the RBH neonatal unit? BIBS Group provides an opportunity for parents of babies who have spent time in neonatal care to share experiences and support each other, within a safe and stimulating environment.

**Baby Massage @ Finchampstead:** Run by Babies in Bloom. Charges apply. Contact [www.babiesinbloom.co.uk](http://www.babiesinbloom.co.uk)  
Email: [claire.neal@babiesinbloom.co.uk](mailto:claire.neal@babiesinbloom.co.uk) or Telephone: 07403 954 004

**Baby Massage for Dads @ Finchampstead:** Saturday 11th Nov & 9th Dec, 10-11am Suitable for babies aged 6 weeks to 9 months. £10 per session. To find out more or book these sessions, please contact Claire Neal on telephone 07403 954 004 or email: [claire.neal@babiesinbloom.co.uk](mailto:claire.neal@babiesinbloom.co.uk)

Booking Necessary

## Speech & Language Therapy Assessment Drop-in

**Speech & Language Assessment Drop-in:** An informal session for any parents or carers who may have concerns about their child's speech and/or language development. A therapist who can give advice and support and decide whether a referral to the Speech and Language service is appropriate, with your consent. No bookings necessary. Free of charge. Contact the Children's Centre for more information.

Please Note: The speech therapist will only see 4 children per session. Children are seen on a first come, first served basis. Sessions can be very busy, please arrive promptly to avoid disappointment.

@ Brambles: session runs weekly

@ Red Kite: 14th November & 12th December

@ Finchampstead: 21st November & 19th December

## Health Sessions, Midwives & Health Visitors

**Health Visitors Advice Line:**

Telephone: 0300 365 7000

Email: [DutyHVWokingham@berkshire.nhs.uk](mailto:DutyHVWokingham@berkshire.nhs.uk)

Monday to Friday 9.00-4.30

**Antenatal Appointments @ Brambles** Monday to Friday, by appointment only

**Health Reviews @ Brambles**  
Monday & Thursday  
invite only, via your Health Visitor

**Health Reviews @ Red Kite** Wednesday  
invite only, via your Health Visitor

**Antenatal Appointments with Midwife @ Red Kite**  
Monday to Saturday  
by appointment only

**Health Reviews @ Finchampstead**  
Tuesday & Thursday  
invite only, via your Health Visitor

**Health Reviews:** These are carried out by the health visiting service by invitation only and are offered at 6-8 weeks, 9-12 months and 2 years. These contacts focus on child development, maternal wellbeing, health information, advice and responding to any concerns.

**Child Health Clinic:** A drop-in service to access support and advice on your child's health, growth and development. (formerly Well Baby Clinic)

**Introducing Solid Foods:**

If you are interested in this session, please drop-in, phone or email the centre and book your place.

Booking Necessary

@ Brambles: 1.00-2.30 13th November & 11th December

@ Finchampstead 3.00-4.30 23rd November

@ Red Kite 2.00-4.00 14th November & 12th December

## ASD Sessions

**Wiggly Worms @ Brambles Children's Centre:** A play session for parents with their children, who have been diagnosed as being on the autistic spectrum or have been referred to the paediatrician for a diagnosis. A non-judgemental safe environment for you and your child to play. Advice and support from a Family Worker and other carers with similar experiences to you. Telephone: 0118 908 8010

**Wiggly Worms @ Bridges:** A drop-in play session for children who have been diagnosed as being on the autistic spectrum or have been referred to a paediatrician for a diagnosis. For further information call 0118 908 8010.

Session runs on **1st, 8th, 15th, 22nd & 29th November**  
**6th December**

**Chill Out @ Red Kite** - A session for parents and carers and their children (aged 0 -18) who are on the pathway or diagnosed with Autism. Advice and informal support form the ASSIST team and other families with similar experiences. For more information please call the ASSIST team Telephone: 01189 746 881 or Red Kite Children's Centre. Sessions run on - **28th November & 12th December**