



SOMERIES JUNIOR SCHOOL

Wigmore Lane, Luton, LU2 8AH

Head Teacher: Mr J Hunt

Tel: 01582 738810
Fax: 01582 484759
Email: someriesjuniors.admin@lbc.luton.sch.uk
Website: someriesjuniorschool.co.uk

Dear Parents/Carers

A recent case of head lice has been found in your child's class. You can help to prevent your child getting head lice by:

What to look out for:

- Dirty pillowslips (black droppings) and grubby shirt collars.
- Brown eggs (Nits) close to the scalp.
- Empty egg cases along the hair shaft.
- Itching - particularly the nape of the neck, behind the ears and across the hair line.

REMEMBER head lice like clean hair.

Prevention - Detection - Treatment

1. Comb the hair from root to tip at least twice a day, particularly at bedtime.
2. Check the hair once a week, using a special plastic detection comb. (available from Asda/local pharmacy)
3. If head lice are found, treat by either wet combing or lotion. Wet comb treatment involves washing the hair in the normal way, then using lots of hair conditioner, whilst the hair is very wet, comb through from root to tip with a fine toothed comb over a white cloth. If you find any lice, repeat this routine every 2 to 3 days over a 2-week period.
4. The effects of chlorine neutralize the head lice treatment. If your child is swimming they should wear a swimming hat.

You should check the whole family and treat only members of the family who are found to have head lice. Please ask your pharmacist at your local chemist for advice.

It is important at this stage to make close family, friends and neighbours aware that there has been a case of head lice. They will need to check all their family. There is no need to keep your child away from school but please ensure that you follow the guidelines above.

PLEASE LET THE SCHOOL KNOW IF YOUR CHILD CONTRACTS HEAD LICE