









This Week's Menu

Northern House – Spring 2018



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
01-Jan 22-Jan 29-Feb 12-Mar	 Chicken Chow Mein & Pan fried Noodles served with Prawn Crackers	 Beef & Mushroom Pie served with Gravy	 Roast Pork loin with Apple Chutney Served with Seasonal Vegetables	 Chicken Korma Curry served with Mushroom Rice & Mango Chutney	 Catch of the Day, Served with Tartare Sauce and Lemon Slice
	Wholemeal Vegetable Pasta Served With Herby Bread	Spring Vegetable Risotto	Spinach & Tomato Quiche	Quirky Bird Mexican Kitchen Vegetarian Option	<u>Quornish Pastie</u>
	Choose From a Selection of Fresh Vegetables or Salad	Choose From a Selection of Fresh Vegetables or Salad	Choose From a Selection of Fresh Vegetables or Salad	Choose From a Selection of Fresh Vegetables or Salad	Chipped Potatoes Peas or Baked Beans
	Jacket Potato Served with Baked Beans	Mediterranean Pasta	Jacket Potato Served with Tuna Mayonnaise	Meatball Marinara Pasta	Jacket Potato Served with Cheese
	Fruit Shortbread	Apple & Mixed Berry Crumble served With Pouring Cream	Golden Syrup Sponge served with Custard.	Cookie or Biscuit Option	Pear & Ginger Muffin

