



PE and Sports Grant

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This year the government has provided schools with an additional funding to help with the provision of Physical Education throughout schools. It is to be used as a way of maximising the impact of PE on our children's lives in Nelson Mandela School.

How to use the PE and sports premium

- Provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively.
- Hire qualified sports coaches to work with teachers to enhance or extend current opportunities.
- Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities.
- Support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs.
- Enter or run more sport competitions.
- Partner with other schools to run sports activities and clubs
- Increase pupils' participation in the School Games.
- Encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school.
- Provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.
- Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

Nelson Mandela Primary School PE and Sports funding Allocation

Carry forward from 15\16 financial year = £3347.10

Allocation: £4081

Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities.

Support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs.

Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

The Sparkbrook area of Birmingham has a significant number of families who need to develop healthier lifestyles.

We will be providing extra-curricular clubs and whole school PE challenges in a variety of activities that will motivate and excite the children. We will be launching 'Run a Mile' with the children, having a 'Get Active' sports week and creating a 'Change For Life@ club. This club will include play leaders that will run a range of activities for each year group throughout the week at playtimes and with our TAs at lunchtime.

At Nelson Mandela we have a strong group of parents keen to act as Parent sport ambassadors, these parents will join clubs and help lead family sports matches. There will be a parent workshop for each year group that focuses on staying active and provides a sporting challenge, tips will also be given on how to raise fitness levels at home. Parents will also join in with races on our annual school sports day.

We run clubs such as Pedometer Club and Change for Life clubs that focus on our obese and sedentary targeted children.

'Run A Mile' will involve every child running a mile everyday. The children will be encouraged to run the distance with their class as they build up their fitness levels and stamina.

Enhancing the quality of physical education	
Playground/club equipment	£178

Enter or run more sport competitions

Increase pupils' participation in the School Games.

At Nelson Mandela School we also have a number of sports clubs such as cricket, football and netball led by our teachers. These sports clubs are a great way for our talented children to compete in a competitive manner against other children of similar ability in our cluster.

Targeted children and Change for Life club target children to attend a 'Change for Life' festival to celebrate their sporting achievements over the year, raising their levels of fitness and the growing confidence they gained to join in with sporting activities.

School games	
Transport	£240

Provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively.

Hire qualified sports coaches to work with teachers to enhance or extend current opportunities.

Both year 4 and 5 classes will attend a days workshop at Edgbaston Cricket ground. They will be introduced to professional cricket players, have a tour of the stadium and be given a mornings workshop with professional cricket Coaches. One Year 3 classes will also attend a workshop.

The teachers will then transfer this to their teaching and planning of cricket lessons during curriculum time. Ideas can be fed into Planning for SEN and gifted and talented children as well as Assessing the children's skills.

Staff development and workshops	
Workshops	£966.67

Total Spend £1384.67

Carry forward £6043.43

Impact Report

- Throughout the year the children were given the opportunity to join a variety of afterschool and lunchtime clubs focusing on raising the levels of exercise the children do both in school and at home. Resources were purchased to enhance the teaching and progression of skills. These clubs helped to raise the levels of daily exercise of the children who wouldn't be able to attend a club at weekends due to family finances. These clubs included Football, Netball, Basketball, Change for life, pedometer club, keep fit club and Cricket Club and were attended by approximately 38% of children in school altogether.
- Classes have run a mile twice a week on top of their allocated PE slot, adding 30 minutes of exercise to the school week.
- The school has doubled their before school keep fit club from one 20 minute slot to two 20 minute slots, adding an extra 40 minutes of physical activity to the children's weekly total. This club is open to all children in school during early bird time (8:30 and 8:50). The average number of children per session is 70 and is made up from all key stages and both boys and girls attend regularly.

- Targeted children in both the obese and sedentary category were invited to join a Year 6 change for life club. The focus was to encourage the children to change their lifestyle habits and grow in confidence to join in with physical activities throughout the day. The children attended a school games 'Change for Life' festival along with other schools to celebrate the progress they made. These children were also our playtime play leaders whose responsibility it was to lead, manage and officiate games in the green zone at playtimes.
- 25 targeted children were invited to pedometer club. On average their steps per week had doubled at the finish of the club. This significantly increased their daily amount of exercise both in school and at home during evenings and weekends.
- The children attended interschool competitions and competed in events against other schools learning the importance of both teamwork and commitment.

- The children in Years 5, 6 and one Year 3 class attended workshops at Edgbaston cricket ground. The children were introduced to players and shown around the ground and given a skills lesson from professional coaches. These workshops were then followed up in all year groups across the school by a visit from the coaches to play cricket matches. Our children were then signposted to a weekend cricket club that is run at Edgbaston, a number of children attended this with their parents.
- The teachers have transferred the knowledge and skills they have gained from the professional coaches and have used this to inform their planning and future teaching of cricket in school.