

Catch Up[®] at home

Pupils doing Catch Up[®] will take part in one-to-one reading or maths sessions in school.

The aim is that every pupil doing Catch Up[®] will:

- make good progress
- grow in confidence
- become more motivated to do well in school
- enjoy success

How can you help?

If your child is doing Catch Up[®] Numeracy at school, you can help them by using number with them at home.

Catch Up, Keystone Innovation Centre, Croxton Road, Thetford IP24 1JD
Tel: 01842 752297 email: info@catchup.org web: www.catchup.org

Helping your child with number

Why should you help your child with number?

Helping your child to practise number at home helps them make more progress in school.

Children love their parents/carers to take an interest in what they are doing and your help can make a BIG difference!

How to help your child

Doing maths at home can be quite stressful as your child may be anxious about making mistakes, but we all learn from mistakes.

Remember – maths should be fun!

Here are some ideas to try:

1. Count forwards and backwards between two numbers
2. Clap your hands and ask your child to count the number of times you clap
3. Count in ones, twos and fives climbing up stairs
4. Collect sticks, pebbles or other objects when out and about and count how many you have
5. Use your finger to 'write' a number on your child's back – can they tell which number it is?
6. Ask your child to read the numbers you see when out and about, on doors or buses
7. Put objects in a line and ask which one is first, second, third and last
8. Think of a number and ask your child to guess what it is using 'more than', 'less than', 'higher', 'lower' to help them guess it



Activities to improve your child's number skills

1. Choose two numbers and count forwards and backwards from one to the other.



2. Ask your child to close their eyes and count the number of times you clap or tap a spoon on a saucepan.



3. Count in ones, twos and fives climbing up the stairs and then count backwards going down the stairs.



4. Collect sticks, pebbles, acorns, conkers or shells and count how many you have. Ask your child to put the objects in a line. Tell them to move each object away from the other objects when counting, then they will know which ones they have already counted.

5. Using your finger, 'write' a number on your child's back. Can they tell which number it is? Can they write it down on paper?



6. Ask your child to read door numbers, or bus numbers.



7. Put several objects in a line. Which one is first, second, third, last etc?

8. Think of a number between 1 - 10 or 10 - 20. Your child has to guess the number using 'more than', 'less than', 'higher', 'lower'. How many guesses does it take? Keep practising to get fewer guesses and use higher numbers.

