

TEDDER C P
Week 4
 January to April
 29th Jan – 2nd Feb
 Winter term

Name Class/Year

Monday		Tick
Main	Sausage, mashed potatoes, Yorkshire pudding, carrots & gravy	
Main (V)	Quorn Sausage, mashed potatoes, Yorkshire pudding, carrots & gravy	
Bread	Cheese roll, yoghurt, fruit, cookie or cake	
Dessert	Cookie	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Beef Bolognese, garlic bread & Sweet corn	
Main (V)	Cauliflower & Spinach Pasta Bake	
Bread	Turkey Sandwich, yoghurt, carrot sticks, cookie or cake	
Dessert	Eve's pudding and Custard	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Chicken korma, rice, peas & naan bread	
Main (V)	Chickpeas & lentil korma, rice, peas & naan bread	
Bread	Chicken mayonnaise baguette, fruit, yoghurt, cake or cookie	
Dessert	Shortbread	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Roast turkey, stuffing, roast potatoes, mixed vegetables & gravy	
Main (V)	Vegetable crumble. Roast potatoes, mixed vegetables & gravy	
Bread	Ham Wrap, yoghurt, fruit cake or cookie	
Dessert	muffin	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Salmon fingers, jacket potato & baked beans	
Main (V)	Vegetable fingers, jacket potato & baked beans	
Bread	Tuna mayonnaise roll, yoghurt, fruit, cake or cookie	
Dessert	Fruity flapjack	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 Total Amount :£
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Please return this form and payment by :- 19th January

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y