

This Letter is For Reception & Year 6 Pupils

Measuring the height and weight of children

It is important to have a good understanding of how children are growing across the country, so that the best possible services can be provided for them. As a result, a National Child Measurement Programme has been set up to weigh and measure children in England in Reception and Year 6.

Your child's class will take part in this year's measurement programme. **The measurements will be taken by the school nursing team from Pennine Care Foundation Trust. The measurements will be carried out in a private area away from other pupils. Children who take part will be asked to remove their shoes and any heavy outdoor clothing. They will be weighed in light, indoor clothing.**

Routine data, such as your child's gender, postcode, ethnicity, and date of birth will also be recorded to help plan services for families. All data and results will be treated confidentially. No child's height or weight will be given to school staff or other children. The records of children's heights and weights will be made anonymous, so that it will not be possible to identify your child's height or weight. This anonymous information will be used to understand and plan interventions for weight-related problems in children across the country.

If you do not want your child to take part, please contact your child's school in writing and give your child's, name, date of birth, school year and school name. If we do not hear back from you, your child will automatically be included. Measuring will commence January 2018.

You will be able to request your child's measurements from the schools nurse up to **6 weeks** after your child has been weighed and measured. If you would like to receive your child's height and weight, please contact your school in writing, marked for the attention of the school nurse. This information will be sent to you by post.

Yours sincerely
Stefan Taylor

Health Improvement Specialist, Public Health, Bury Council
0161 253 6854
s.taylor@bury.gov.uk

