



ST ANNE'S SCHOOL & SIXTH FORM COLLEGE

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WELL-BEING NEWSLETTER

January 2018

Issue 2

WELL-BEING AWARD FOR SCHOOLS (WAS)

We are currently working to achieve a school improvement award.

Contact's

Pastoral Care: Deena Lidgett

Designated Safeguarding Officers: Kay O'Neill, Deena Lidgett, Lesley Davis,

Safeguarding Governor: Geoff Ogden

Emotional Health and Well-being Governor: Richard Vickers

Well-being Award Co-ordinator: Kay O'Neill

Emotional Literacy Support Assistant (ELSA's): Deena Lidgett, Dawn McDermott, Helen Noman

Family Links Trainers: Chris Lee, Deena Lidgett

Personal Social Health Education (PSHE) / Sex Relationships Education (SRE): Richard Nichols

Communication Team: Zoe Wood, Julie Foster, Olga Davey

Moving and Handling Team: Peter Yorke, Mike Pearce, Alison Nicholson, Sarah Costello

Team Teach Trainers: Gemma Delgaty, Diane Wray-Hall

Website

Don't forget that you can keep up to date with information about the school and residence by logging onto the website

www.stannes-eastriding.co.uk

To be alerted to new newsletters by signing up to 'subscriptions' via the website
IT'S FREE!

Mobile App

To be kept up to date, download our app for free

'St Anne's SaSFC'

Twitter

Follow us on Twitter @StAnnesSSFC

24 hour support

Call 01482 666217

or

01482 667379 (option 1)

if you require help or support.

MIND

Sessions are taking place for a small group of upper school pupils and sixth form students.

Sessions so far have covered the emotions - sad, disgust, happy, angry.

Members are also encouraged to talk about how they feel.

FRIENDSHIP GROUPS

Sessions are taking place for a small group of sixth form students.

The aim is for interaction between each other, discussions about likes and dislikes, how they are feeling, and what they worry about.

‘Ask it, Tell it’ cards are used across the sessions.

SAFEGUARDING

Information about policies and procedures is available on our website.

In rare circumstances we may need to make referrals or seek advice without your consent or knowledge.

Upper 1, 2 and 4 PE and Dance

Lessons are on a Wednesday afternoon; hard work and participation during the session will be awarded with a certificate which pupils can take home to show family, carers or friends.

Recent Training.....

Talking Mats—a group of School and Residence staff attended a full day training. Sessions have taken place with individuals and groups.

Kay O’Neill, Dawn McDermott, and Helen Noman all attended ‘Emotion Coaching’ training in December.

COMING SOON.....

Sixth Form Discussion Groups, to be held on Friday afternoons

Emotional Health and Wellbeing sessions (run by MIND) for staff on Tuesday evenings

Emotional Health and Wellbeing sessions (run by MIND) for parents

Family Links course for parents

